

# The *South Marysburgh* Mirror

April 2016

Published for Residents, Businesses and Visitors since 1985



Christine Renaud is joined at the library by Easter bonnet makers (back, L to R) Cayden, Emily, Jessica, Quin and Samantha, and in front, Avery and Nolan.

## Easter In Milford

*Favourable weather conditions made for an enjoyable Easter parade and egg hunt in Milford on Saturday, March 26th.*

*The festivities began at the library with Easter bonnet making and decorating, followed by the parade to the fairgrounds where the Easter bunny had scattered thousands of Easter eggs for local children to hunt for. Free hot chocolate and hot dogs were also provided.*

*The annual Milford Easter Parade and egg hunt is sponsored by the South Marysburgh Recreation Board. More pictures on page 16.*



*The elegant and determined Remy Dullard-Krizay on the hunt for Easter eggs.*



# What's going on at The Library

By Christine Renaud



The Library Board is undertaking the development of its 2021 Strategic Plan and we need community input to make certain that the plan meets the needs of all library users.

Please take a minute to consider the following questions, and send your responses to the attention of Barb Sweet at: [bsweet@peclibrary.org](mailto:bsweet@peclibrary.org), or by speaking to her at 613-476-5962. Copies of this survey are also available at all branches of the library if you would rather share your thoughts that way.

The questions are:

1. What does the library give you that you can't get anywhere else?
  2. If we changed one thing to make the library more available or convenient for you, what would it be?
  3. Do we need more: (choose any or all): staff \_\_\_\_ / space \_\_\_\_ / books \_\_\_\_
- Or, what else might we need?

Any other comments are also welcome, of course.

Note that after May 27, the library will once again be open on Fridays from 2pm to 5pm for the summer. All other hours will remain the same.

Lastly, thank you to everyone who came out and made Easter Bonnets with us on Saturday for the Milford Easter Parade. This is always such a fun event and we look forward to more Saturday programming in the future. If you have any ideas for children or adult programs you would like to see in the library, please let us know!

## Milford Library Winter Hours

Tuesday	10:00 a.m. to 1:00 p.m.
Wednesday	3:00 p.m. to 6:00 p.m.
Thursday	10:00 a.m. to 1:00 p.m.
Saturday	10:00 a.m. to 3:00 p.m.

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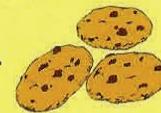
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## Biomass Presentation

By Jesse Parker

I live with my family in the old South Marysburgh School. One of the challenges facing our area is the cost of energy (electricity and heating fuel). Electricity prices in our area are some of the highest in North America, and rising. Natural gas is not available. Propane and heating oil are about twice as expensive as natural gas. There are lots of places with cheaper energy which attract business development away from South Marysburgh.

South Marysburgh has a great workforce with skills of all kinds. But, we have few full-time year-round jobs.

Several businesses could be profitable in our area if energy was cheaper. I am convinced we can produce our own energy from biomass at significant cost savings.

"Biomass" is stuff that grows and burns to produce energy (e.g. wood and agricultural residues like straw). Our area is rich in biomass. Proven technologies turn biomass into electrical power and heat - and are cheaper than natural gas when used at a sufficient scale. Unlike intermittent power sources like solar and wind power, biomass energy is continuous and reliable. Biomass energy is carbon-neutral (does not increase greenhouse gasses in the atmosphere) and is exempted from carbon pricing where such controls exist - and carbon pricing is coming to Ontario.

If we can organize enough people to partner together, we can produce our own power and build profitable, competitive businesses in South Marysburgh.

I invite you to come to a 30-minute presentation about this.

**Milford Town Hall  
Tuesday, April 12th at 7:00 P.M.**

## Big Line-up for the 20th Anniversary Edition Prince Edward County Authors Festival

By Janet Aston

The 2016 Prince Edward County Authors Festival, April 13 – 16, reaches a milestone 20th Anniversary this year. To celebrate, the festival committee has enlisted a stellar line-up of Canadian authors and planned a variety of events to entertain and inspire readers and writers of all ages and interests.

The festival kick-off fundraiser on April 10, 1 PM at Mount Tabor Playhouse in Milford, is a nod to the festival's roots. A Celebration of Story-Telling will feature Janet Kellough and Suzanne Pasternak, and will introduce Guelph-based story-teller Brad Woods to the County.

The festival will include four ticketed events: The Humourists - Greg Hollingshead, Iain Reid and Bill Richardson; Masters of Mystery - Giles Blunt, Peter Robinson and Canada's "king of suspense" Linwood Barclay; Poetry Breakfast & Non-Fiction Event with poets Giles Blunt, Andy McGuire and Rob Taylor then readings and Q&A with Ann Walmsley; finally back-to-back Fiction Panels with Heather O'Neill, Marnie Woodrow, Michael Winter, Samuel Archibald, Giles Blunt and Nino Ricci.

On Thursday evening a festival favourite is back, our own "battle of the books", the 7th Annual County Reads, hosted by CBC Radio host and author Bill Richardson. Bill will also be the star of Seniors Moments, a free event on Friday morning at St. Mary Magdalene Church in Picton, where he will be reading from and discussing his latest book, *The First Little Bastard to Call Me Gramps: Poems of the Late Middle Ages*.

To bring the festival to a younger audience, award winning children's book authors, Lindsay Mattick and Ruth Ohi, will visit elementary schools in Picton, Bloomfield and Wellington. The author of the Boy Sherlock Holmes series, Shane Peacock, will visit students at PEI in Picton, and the Picton Library will host a pizza lunch for teens followed by a Middle Grade and Young Adult Fiction Panel featuring authors Kenneth Oppel and Tim Wynne-Jones.

For a complete schedule of events, information about the authors, or to purchase tickets or festival passes, go to Books & Company or the festival website, [www.pecauthorfest.com](http://www.pecauthorfest.com).



## The 2016 Milford Fair

September 17th

This year celebrating the  
70th anniversary of the  
Milford Fair!

## Community Calendar

*Are you holding a special public event that you'd like members of the community to know about? Send your information by the advertising deadline and it will be listed here at no charge. Refer to specific ads for more details.*

**Tuesday, April 5th:** MillPond Concert Music Series at the Hope Centre in Picton. \*

**Saturday April 9th:** First Aid and CPR Instruction at St Philip's Anglican Church

**Sunday, April 10th:** Prince Edward County Authors Festival Kick-off Fundraiser at Mt. Tabor from 1 – 3 p.m.

**Tuesday, April 12th at 7:00 P.M.:** Biomass presentation at Milford Town Hall

**Wednesday, April 13th:** Spring dinner at South Bay United Church

**Saturday, April 23, 5:30 p.m. at PEC Curling Club:** Tapas & Wine Tasting

**Saturday, May 7th:** Yard and Rummage Sale at St. Philip's Anglican Church

**Saturday & Sunday, June 18th & 19th:** Prince Edward Historical Society presents Two Days About Yesterday at the Esroc Centre in Wellington

**Wednesday, July 6th:** Fish Fry at South Bay United Church

**Wednesday, August 3rd:** Pork and Corn Roast at St. Philip's Anglican Church

**Saturday, September 17th:** The Milford Fair

**Saturday, October 1st:** Yard and Rummage Sale at St. Philip's Anglican Church

**Saturday, November 12th:** Christmas Tea & Bazaar at St. Philip's Anglican Church

**Saturday, November 19th:** Luncheon and Craft sale at South Bay United Church

**\*Call 613.476.6535 for more information**



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# South Bay U.C.W.



U.C.W. met at South Bay United Church hall Wednesday, March 9, for a pot luck lunch at 12:00 noon.

Our meeting at 1:30 p.m. was opened with our theme hymn, purpose and Lord's prayer. Sandra read a definition of a grandparent as viewed by young children.

Sandra's devotional was based on 1<sup>st</sup> Timothy, verses 1 – 4. A woman and her dying husband shared a sense of wonder as they enjoyed little things together. We should all rejoice in the smallest wonders. A prayer followed asking for assistance to do this.

Seven members answered roll call with the wearing of a shamrock. Twenty-five sick calls were made. Collection was gathered and dedicated.

Food bank articles were collected to take into Picton United Church food bank.

The January minutes were reviewed and accepted as read.

Spring Fling will be held at Picton United Church on Wed. May 4. South Bay is responsible for thanking all who have taken part.

Our U.C.W. was asked if we would like to provide lunch for the birders on May 14, 15, 21, 22, 23. We decided to pass this year as we need to advertise earlier that food is available.

Irv and Jan Collier graciously volunteered to serve a light breakfast at the church following the 6:50 a.m. sunrise service at Little Bluff on Easter Sunday morning, March 27.

Several cards were sent to people who are ill. Brenda challenged us with a very interesting quiz using local family names. Our U.C.W. prayer closed our meeting.

1904	Cash Acc.	Cash Paid
March 11	Paid Cash	1 20
19	for Birds	2 60
30	the cocoons <sup>10</sup> turpins	1 5
April 19	Cash on card <sup>3 00</sup>	3 00
"	for chow seed	3 25
" 20	" Hens raising <sup>80</sup>	7 00
May 4	Pd Cash A. Thomas <sup>3 60</sup>	3 60
"	Horals <sup>25</sup> Lloyd <sup>25</sup>	5 00
"	Lumber <sup>2 75</sup>	2 75
"	Deposit in Bank	15 00
" 21	Pd. Cash. Plants <sup>150</sup> Impo <sup>45</sup>	9 00
"	Varnish & Paint <sup>2 64</sup> and so on	2 64

A portion of Nelson Hicks' cash book. See page 11 for more.



PecAuthorFest.com

## Prince Edward County Authors Festival April 13 – 16, 2016

We're celebrating our 20<sup>th</sup> Anniversary! Whether it's poetry for breakfast with Giles Blunt, Andy McGuire, and Rob Taylor; readings and conversations with Canadian

literary icons like Linwood Barclay and Nino Ricci; "seniors moments" with Bill Richardson; story time for children with Ruth Ohi and Lindsay Mattick; sessions for young adult readers with Kenneth Oppel, Shane Peacock and Tim Wynne-Jones; or the 7<sup>th</sup> annual County Reads moderated by Bill Richardson - there will be something to entertain and inspire readers and writers of all ages and tastes. For more authors, events and information check our website at [www.pecauthorfest.com](http://www.pecauthorfest.com), call Books & Company at 613-476-3037 or find the Festival on Facebook.

~~~~~

**Mark your calendar -  
Festival Kick-off Fundraiser  
Mount Tabor, Sunday, April 10, 1 – 3 p.m.  
A Celebration of Story-telling**

## Thank You!

Saturday saw another successful Easter Parade and Egg Hunt thanks to the Weatherman, the Recreation Board and volunteers.

Karen Gyde along with a couple of helpers scattered approximately 4500 foil-wrapped eggs over the Fair Grounds and stood guard over them until the Easter Rabbit started the hunt.

Catherine Reilly, and Ron and Candace Keays braved the cold on Thursday to hang the plastic eggs along the parade route; Christine Renault supervised the decorating of hats at the Library. Thanks to The Mummers for the donation of extra hats. Randy York along with fire fighters Alex Ingram, Peter Minaker, Brad Leavitt and Jason Cowan provided traffic control.

Leon McConnell marshaled the parade. Helen Ward and Erin Johnston looked after the Hot Dogs.

Finally, to all those who took part in the parade, Thank You!

Bruce Dowdell, Chair, South Marysburgh Recreation Board

**Read The Mirror on-line and in colour at  
[www.southmarysburghmirror.com](http://www.southmarysburghmirror.com)**

# Gossip!

Personal Notices, Announcements  
& Random Notes

## (TDAY)

Here's a great idea! The Prince Edward Historical Society is holding Two Days About Yesterday (TDAY) a two-day history and heritage exposition in Wellington and elsewhere on June 18<sup>th</sup> and 19<sup>th</sup>. TDAY will involve speakers, presentations and exhibits at the Wellington Community Centre on the 18<sup>th</sup> followed by guided tours of PEC heritage sites on the 19<sup>th</sup>.

Additional information is available on-line at [aboutyesterday.ca](http://aboutyesterday.ca) or by email at [tday@kos.net](mailto:tday@kos.net). Admission on Saturday is \$5.00 per person but the tours will be priced individually. Watch for further details about the schedule.

## Hoy Hoy!

Susan Hoy has moved her Encore Encore shop in Picton into the Pastry House across the street. Ever the discriminating and savvy retailer, Susan understands the importance of providing the right product mix at the right time to meet customer demand. With that in mind, she will continue to carry husband Michael Hoy's 'My Chef' line of prepared meals (not sure whether she'll sell his turkey gravy...) and Angelo Bean's sublime sausages, and will also be a distribution point for the *South Marysburgh Mirror* each month.

## Silent, Please

This year marks the 20th anniversary of the Prince Edward County Authors Festival. To celebrate that landmark, the festival is returning to where it all began all those years ago, Mt. Tabor in Milford.

As part of the festival, the Prince Edward Leaning Centre (PELC) will be participating in the festival's kick-off fundraising event by holding a silent auction on Sunday, April 10th from 1 to 3 p.m. at Mt. Tabor.

Funded by the Ministry of Training, Colleges and Universities (MTCU) as one of over 300 Literacy and Basic Skills Programs across Ontario, PELC offers projects to support employment that are funded through Service Canada and the Ministry of Economic Development, Trade and Employment. The Learning Centre is dedicated to helping adult learners acquire the skills needed to achieve their personal learning and employment goals.

The list of auction items is not yet complete but this will be a wonderful opportunity to celebrate the world of books and writers, and to support a worthy local cause.

## JFI&S

Lee Lewis' Jackson's Falls Inn/Schoolhouse re-opening during *Maple in the County* weekend turned out to be a well-attended, happening affair. A terrific turnout was on hand to enjoy food, drink and the extensive renovations to the schoolhouse and elsewhere on the property. Whoa Nelly (pictured below) entertained amidst an abundance of locals as well as many from elsewhere in the County.



In the absence of a local restaurant, Jackson's Falls will soon be providing a more extensive lunch and dinner menu.

## History Speaks

Wednesday, March 30 at 2 P.M. Wellington Branch

**Zoals het klokje thuis tikt, tikt het nergens\***  
**There's no place like home: Dutch to Prince Edward County**

\*The clock ticks at home, as it ticks nowhere else.

After the second World War, hundreds of Dutch people came to Prince Edward County. Archives Manager Krista Richardson describes the Dutch Welcome program of 1948, Dutch families in Prince Edward County, Dutch Reform Church of Bloomfield, and the Old Dutch Church. Dutch refreshments, coffee & tea served.

Wednesday, April 6 at 2 P.M. Picton Branch

**The 98th Anniversary of the 1918 Flu Pandemic**

Join local historian Phil Ainsworth for a talk on the worst flu pandemic to ever hit Prince Edward County.

Wednesday, April 27 at 2 P.M. Wellington Branch

**Daredevils, Drunks & Deserters: Deseronto in the First World War**  
Amanda Hill, Deseronto's archivist, provides a look at Deseronto in the first World War.

Wednesday, May 11 at 2 P.M. Picton Branch

**So You Want to Be Published?**

Steve Campbell of County Magazine has helped many writers take their ideas and family histories to a final published book available on the shelves of your local library and bookstore. As he says, "We believe everyone has a story to tell. But, while writers dream of sharing their thoughts with friends, family and a wider audience, most feel intimidated by the publishing world". This talk will help aspiring writers and historians understand how to share their story.

Wednesday, May 18 at 2 P.M. Wellington Branch

**Scandals, Sickness and Slavery**

Archives manager Krista Richardson provides a peek into the scandals of history - 1833 - 1836 County Newspapers eloping, slavery, thievery, cholera and bootlegging in Prince Edward County.



# Beef and Carrot Stew

By David Larkin

Laura Calder did this on TV the other day, but I only caught the last minute or so, and her recipe doesn't seem to be on the Internet. So I researched other recipes and put various ideas together to come up with this, which works well.

- 1 lb. Stewing beef or braising steak cut into cubes**
- 1 packet cured pork belly (about 5 oz.)**
- Balsamic vinegar**
- 2 onions, quartered**
- 3/4 lb. carrots cut in about 1" lengths**
- 1/2 tub Knorr concentrated vegetable stock**
- Bouquet garni**
- 1/2 cup red wine and 1 1/4 cups water**

Cut the pork into 1/4 inch square strips and render in pressure cooker with top off, or in a separate pan. Remove and reserve pork. Season the beef with salt and pepper. Brown the beef in small batches – probably 3 or 4 batches. Remove and reserve. Drain fat. Deglaze with balsamic vinegar. Select a few pieces of leaner pork and put in cooker, add onions. Put beef in cooker and add water and wine and bouquet garni.

Close cooker and cook under pressure for 30 minutes. Remove from heat, allow pressure to drop and add carrots. Check liquid level, add more if necessary. Bring up to pressure and cook for 4 minutes.

Serve with mashed potatoes and a vegetable such as green beans.

May also be cooked in a Dutch oven on stovetop, simmering, or in a flame proof casserole which you put in the oven and braise at 325°F after browning the meat. With this method, cook the beef for 2 hours then add the carrots and cook for about 20 minutes, checking the doneness of the carrots with a fork. You may have to add more liquid.

For the bouquet garni, I use a square of cheesecloth about 6 inches square, and in it put 10 peppercorns, 4 cloves, parsley, a bay leaf and some dried thyme. Tie the ends together to make a packet.



## SOUTH BAY UNITED CHURCH SPRING DINNER

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## ST. PHILIP'S CHURCH 2016 Calendar of Events

Yard and Rummage Sale May 7  
(from 10:00 a.m. to 1:00 p.m.)

Pork and Corn Roast August 3  
(5:30 p.m. to 7:00 p.m.)

Yard and Rummage Sale October 1  
(from 10:00 a.m. to 1:00 p.m.)

Christmas Tea & Bazaar Nov. 12  
(2:00 p.m. to 4:00 p.m.)

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- ◆ *If you get into the bottom of a well or a tall chimney and look up, you can see stars, even in the middle of the day.*
- ◆ *When a person dies, hearing is the last sense to go. The first sense lost is sight.*
- ◆ *In ancient times, strangers shook hands to show that they were unarmed.*

# Druella Acantha Malvina's Column

*Gem for the month: Friends are mathematical: they divide sorrow and multiply happiness.*

One night a teenage girl bought her new boyfriend home to meet her parents and they were appalled by his appearance. Leather jacket, motorcycle boots, tattoos and more piercings than they wanted to count.

Later, the parents confessed their concerns to their daughter, "Dear," said her mother diplomatically, "he doesn't seem very nice."

"Oh, please, Mom," replied the daughter, "if he wasn't nice, why would he be doing 500 hours of community service?"

---

Random thoughts as we age:

Oops! Did I roll my eyes out loud?

Even duct tape can't fix stupid...but it can muffle the sound.

The kids text me "plz" which is shorter than "please". I text back "no" ...which is shorter than "yes".

Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?

I'm going to retire and live off my savings. Not sure what I'll do the second week.

---

The teacher of the earth science class was lecturing on map reading. After explaining latitude, longitude, degrees and minutes, she asked, "Suppose I ask you to meet me for lunch at 23 degrees, 4 minutes north latitude and 45 degrees 15 minutes last longitude?"

After a confused silence, one pupil volunteered, "I guess you'd be eating alone."

---

Joe was a single guy, living at home with his father and working in the family business. When he found out he was going to inherit a fortune when his sick father died, he decided he needed a wife with whom to share his fortune.

One evening at an investment seminar, he spotted the most beautiful woman he had ever seen. Her beauty took his breath away.

"I may look like just an ordinary man," he said to her, "but in just a few years, my father will pass and I'll inherit his large fortune."

Impressed, the woman took his business card. Three months later, she became Joe's stepmother. Women are so much better at estate planning than men.

---

A wife was sitting on the living room couch watching her favourite cooking show when her husband walked in.

"Why do you watch those food shows when you don't even cook?"

Glaring back at him she asked, "And why do you watch football?"

There was a captain sailing the sea during a battle. He directed his servant to bring his red shirt to him.

After the battle, the servant asked why he wanted a red shirt. The captain replied, "Well, if I get shot, they won't see the blood."

The next day, the servant informed the captain, there were 50 ships on the horizon.

The captain said, "Bring me my brown pants."

*Exit Line: The secret to enjoying a good wine is: First open the bottle to allow it to breathe. Then when it doesn't breathe, give it mouth-to-mouth.*

## The South Marysburgh Recreation Board The Marysburgh Mimmers The Milford Fair Board

### Meetings, Events, Announcements

#### Fair Board

Milford Town Hall

Wednesday, April 13 at 7:00 p.m.

#### Pollinator Gardening

Milford Town Hall

Tuesday, April 19 at 7:30 pm

(see separate ad)

#### Recreation Board Meeting

Milford Town Hall

Thursday, April 21 at 7:00 p.m.

#### Wii Bowling

Every Thursday from 2 – 4 p.m.

until April 28

Milford Town Hall

*To reserve the Milford Town Hall  
or Mt. Tabor, please contact:  
Bruce Dowdell at 613. 476.8891  
vidvar@kos.net OR  
Leon McConnell at 613.476.6606*



## Tapas & Wine Tasting

A Prince Edward County Field Naturalists (PECFN) fundraising event for the Save The South Shore Fund.

Experience an exciting evening in an eclectic and lively informal atmosphere. Sample a unique variety of famous wines brought directly from Spain for you by our County wine importer, Ian Hanna. Pair these magnificent wines with your choice of exquisite savoury Spanish dishes, 'tapas', prepared for you by renowned County chef Michael Hoy.

Saturday, April 23, 5:30 p.m. at PEC Curling Club, Picton Fair Grounds, 375 C Main St.

For more information and to reserve online visit <http://www.tapasandwinetasting.eventbrite.ca>

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## Milford Friendship Circle

Margaret Crouse hosted the first meeting of the year on Thursday, March 3<sup>rd</sup> at 1:30 p.m. Her opening quotation was "Freedom is not worth having if it does not include the freedom to make mistakes."

Marg's Thought for the Day was entitled "The Guy to Watch" where you have to take a driver's test.

The minutes of our last meeting were accepted as read (but then no one could remember anyway). Eight members answered roll call by telling why they are looking forward to spring. Many were just glad to be rid of all the winter clothing.

Collection was taken and we concluded the bank will not get rich from our contributions.

A lovely thank you was received from the *South Marysburgh Mirror* for our contribution

Our yearly schedule was completed for 2016.

Margaret read an article called *Crossing Borders Illegally* which demonstrated the difference in how Canadians accept immigrants compared to other nations. Some would call us too lenient.

We were challenged with a contest of words ending in "age".

We then enjoyed a bounteous lunch supplied by our hostess who was thanked by Maureen on behalf of the ladies.

## FIRST AID AND CPR INSTRUCTION

with

Mike Bond, trained paramedic and firefighter



St. Philip's Anglican Church  
44 St. Philip Street, Milford

Saturday, April 9, 2016  
10:00 am to noon

to register: contact David Smith  
[dsmith@ontario.anglican.ca](mailto:dsmith@ontario.anglican.ca) or 613 929 2757

Join us for a great opportunity to learn basic first aid and CPR

### The South Marysburgh Mirror

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# Mussels

By George Underhill

Diane cooked up some mussels not long ago. I love dining on shellfish whether they be oysters, quahogs, cherrystone clams, steamed clams or scallops; it doesn't matter, I like them all. Anyway, as we were eating the mussels, it occurred to me that minutes before they were ingested, they were alive. They had been plucked from their homes, and thrown into a bag, transported hundreds of miles from the sea, and displayed in a refrigerated display case at Sobeys. If they are sentient, they were thinking, "What's going on? Where's the salt water? In fact, where's the water?" Then they find out, only it is fresh water and it's boiling.

It's worse for oysters and quahogs, because we pry open their shells and eat them alive. They don't want to have their shells opened. They use every gram of their strength to keep the shell closed, but humans being a couple of hundred pounds heavier, we usually prevail. I suppose technically they are not alive when we slide them down our throats, they are just dying, but it's still quite savage.

I know that many people choose to limit their diets to vegetables because they know that the meat we eat comes from living animals and they don't wish them harm. But who says plants are not aware? We know that

if a tree is threatened by fungal or insect infestation, neighbouring trees begin to produce certain chemical inhibitors. This is not always successful, but still they are trying to protect themselves. We also know that if there is a horrible growing season, a drought or flooding, the next year the tree will produce many more seeds in an attempt to make sure the species survives. Is this not a reflection of some form of awareness?

Think of vegetables, a carrot for example. It's growing in rich, well-watered soil and is feeling pretty good and growing rapidly. It's planning to throw out seeds because life is good, very good. Then it is grasped by the green top and yanked from its home. The top is ripped off and the root is consumed. How much better is this than the way we treat a mussel? Think twice you vegetarians!

Then we have pescatarians, who will limit their meat consumption to fish. Maybe they include shellfish in their menu, I'm not sure. Still, fish are not rocks. When you catch them they try desperately to escape. They flop pathetically in the bottom of the boat gasping for oxygen just like we would if we were held under water. "How did I get here?" they wonder. Frequently fish are labelled "wild caught". What's good about that? Seems to me that farmed fish (salmon, tilapia, catfish) are better for the environment than catching the wild ones. I've read that acidification of the oceans will greatly reduce wild fish. So eating fish is no magic bullet either.

We come now to eating bugs. Crickets are common, and to make them more palatable, they are ground up into gluten free cricket flour. I don't have the concerns for bugs that I have for trees and such, but there's no good reason for that. I feel sorry for them, but because I find bugs repellent I don't really have sympathy.

You notice I haven't addressed beef, pork, chickens, and other more traditional living things. The best we can do there, if we are going to kill them and eat them, is to make their lives as pleasant as we can and murder them humanely.

This whole business of eating is inherently cruel, but we have to eat. It would be better if we could survive on air, but we can't. My personal approach is to eat what I want, and fool myself into ignoring how wicked it is. I use that approach in any number of moral dilemmas. What are you gonna do?

## Gardening to Attract Pollinators



Meet

Prince Edward County Field Naturalists  
Susan Banks, native plant enthusiast, and Gerry Jenkison  
for an informative presentation and Q & A on  
"Which flowering plants will best  
attract pollinators to your garden."

Refreshments will be served

**Tuesday April 19, 2016**  
**Milford Town Hall**  
**7:30 pm**

Sponsored by The South Marysburgh Recreation Board

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We have a beautiful waterfront with comfortable lounge chairs, picnic tables and a sandy play area to enjoy a bottle of wine. We can provide the picnic lunch (advance notice required) and of course your bottle of wine with glasses and necessary accessories.

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### *Welcome back Birders*

Spring Birding Festival - May 14 to 23  
Drop by with your binoculars and enjoy a complimentary taste of our wines.  
Light lunches will be available on weekends

### *Upcoming Events*

Every holiday weekend - **BluZone** on the patio - we will have our Nibble Menu available. Come on down for an afternoon of blues and jazz with Frank and Martin

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## South Bay U.C.W. & Milford Friendship Circle Announcements

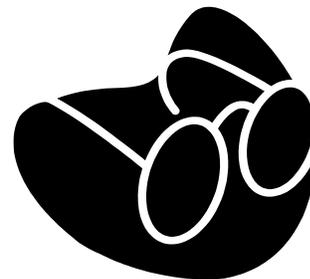
**Thursday, April 7** – Milford Friendship Circle will meet at the home of Barb Balsillie at 1:30 p.m. Barb has Thought for the Day; Roll call is about April Showers; and Alice Miller has program.

**Tuesday, April 9** – (Ladies please note the Change of DATE as the Stewards have a supper on our regular date.) U.C.W. will meet at South Bay United Church hall for a pot luck lunch at 12:00 noon. Devotional – Joyce Minaker; Roll call – show and tell; Objective – Alternatives for Women; Program – Alice Miller.

**Wednesday, July 6th**—Fish Fry

**Saturday, November 19th**—Luncheon and craft sale

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# Life In The Past

Nelson Hicks' Journals  
March 1896

Transcribed by Vicki Emlaw

The Hicks diary volume that we have containing Nelson's 1904 entries finished at the end of February. The next volume that Vicki Emlaw and I can find starts in June, 1926.

Instead, this month, here are pages transcribed from Nelson's Cash Book, detailing cash received and paid for a range of items during the spring/summer months of 1904. Studying it, you will uncover more details about the life and livelihood of a farmer like Nelson.

All businesses would have kept a ledger of some form, some with single entry book keeping, others with double entry, some being careful to be very specific about detailing items, others being frustratingly general, using descriptions like "sundries". Farm records such as this have existed for many centuries.

## Nelson Hicks Cash Account Feb-June 1904 showing cash received and paid

| 1904   | Cash Acc.               | Cash Rec. |
|--------|-------------------------|-----------|
| Feb 12 | Rec. Cash for Butter 50 | 50        |
| " 24   | " " " Butter            | 50        |
| Mar 2  | " " Eggs                | 1 40      |
| " 19   | " " "                   | 81        |
| " 30   | " " "                   | 1 32      |
| Apr 13 | " " Deak ? Skin         | 1 20      |
| " 30   | " " eggs                | 1 40      |
| May 4  | " " " Hogs              | 25 50     |
| " 21   | Rec. Cash. Milk Ch.     | 2 51      |
| " 29   | " " eggs                | 2 10      |
| June 7 | Rec. cash for eggs      | 84        |
| " 14   | " " " eggs              | 4         |
| " 17   | " Milk Check            | 21 78     |
| " 21   | " cash eggs             | 56        |
| " 22   | " " S. Berries          | 1 08      |
| " 22   | " " cash West Lake Roy  | 3 60      |
| " 26   | " " Berries             | 1 20      |
| " 29   | " " Potatoes            | 2 00      |
| " 29   | " " Setting shvs        | 35        |
| " 30   | " " eggs                | 1 12      |
|        |                         | \$71.86   |

Cashbooks can be a useful but challenging insight into life and livelihoods. The figures are the essential information and so the written word is given less importance. To conserve space and time abbreviations are very common. Nelson uses the abbreviation "mdse" quite frequently, for example, which I take to mean "merchandise" and he uses "rep" for "repair". Sometimes handwriting that is squashed into a column is simply indecipherable.

It is encouraging to see Nelson being able to consistently deposit money in the bank (every quarter it seems) and quite touching to read of purchases of toys and perfume, presumably as presents for Lloyd and Mirt.

| 1904    | Cash Acc.                        | Cash Paid |
|---------|----------------------------------|-----------|
| Mar 11  | Paid cash mdse.                  | 1 00      |
| 19      | " " for Biscuit                  | 25        |
| 30      | " " coconut 10 tirpine 8         | 18        |
| Apr 19  | " cash on cow                    | 3 00      |
| 19      | " " " for clover seed            | 3 25      |
| 25      | " " for Hors shoeing             | 70        |
| May 4   | Pd. Cash A. Thomas               | 3 60      |
| "       | " Horses 25 Lloyd 25             | 50        |
| "       | " " lumber                       | 2 75      |
| "       | " Deposited in Bank              | 15 00     |
| " 21    | Pd. Cash Plants 50 toys 45       | 95        |
| "       | Varnish & Paint 95 mdse 169      | 2 64      |
| "       | Garden seeds 25 casting 35       | 60        |
| "       | Perfume 15 Horse 15              | 30        |
| " 29    | Pd. Cash Insurance               | 1 34      |
| "       | " " " Broom                      | 25        |
| June 11 | Pd. Cash Lime 180 nails 12 oil 2 | 1 17      |
| " 17    | " purse 75 pins 10 wood 15       | 1 00      |
| "       | Cokes 10 Lloyd toys 10 Boots 50  | 70        |
| "       | Bananas 13 Shaving soap 10 sor?  | 73        |
| "       | Horse feed 15 Blacking 8         | 23        |
| "       | Deposit in Bank                  | 15 00     |
| "       | Pd. Cash Cultivator Rep .        | 40        |
| " 21    | " " Sugar 100                    | 1 00      |
| " 23    | " " Wood                         | 3 90      |
| " 24    | " " Sawing lumber 250            | 2 50      |
| "       | " " Sugar                        | 4 50      |
| " 28    | " " lecture                      | 20        |
| " 30    | " " mdse                         | 50        |
|         |                                  | \$68.14   |

## Municipal Council Update

By Steve Ferguson, Councillor for South Marysburgh

A busy March at Council as we were presented with numerous reports and deputations.

Councillor Treat Hull and Barb Proctor, Chair and Vice Chair, respectively, of the Health Care Advisory Committee, provided a report and update to the Committee of the Whole; a report to control and regulate yard and garage sales was discussed and will inform a future by-law to regulate sales that extend well beyond a normal timeline; the live streaming of Council and Committee of the Whole meetings will become a reality in the latter part of April allowing residents to view Council meetings from their home; and tenders were awarded for the reconstruction of CR 3 to Coco Paving of Belleville, and for grass cutting on County property to MP Property Management. On March 30th, at a special Council meeting, we were updated by MPAC as to the property assessment, enumeration and voter list preparation they undertake.

During March I made two motions, both of which passed, with a majority of councillors voting in favour. The first involved the municipality endorsing the "Wainfleet Resolution" and joining dozens of other municipalities calling on the Ontario government to stop awarding renewable energy contracts.

The second motion, made to Council and a packed gallery and committee room, was to defer approval of a roads use agreement (RUA) with wpd Canada for its White Pines project. There is no doubt municipal staff and wpd put a lot of work into the draft presented to the Committee of the Whole on March 31st, but I found the report lacking important information that would fully inform my own and other councillors' decisions. For example, the exact transportation route of turbine blades and towers to each turbine site was not included; this might be comparable to applying for a building permit without drawings.

The RUA acts as a vehicle for the municipality to recover costs associated with building the White Pines project and any road damage that may occur; it's a necessary agreement to protect County ratepayers if the project goes forward. Municipal staff and wpd will meet to discuss any shortfalls in the agreement and present a revised and, hopefully, complete version to Council later this month.

Finally, I am most appreciative of the dozens of emails, phone calls and impromptu visits by ratepayers to express their opinions and offer support for the position I took on the RUA, and to the overflow crowd who took the time to attend the meeting on March 31st. It would have been irresponsible to approve an incomplete agreement as I'm sure you can appreciate.

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## Fundraising to Save the South Shore

Janna McCarthy, APPEC's Fund Raising Director, recently noticed a slogan that read: "You have to fight many times to save something once." This slogan was used by a group of concerned citizens in Florida trying to save Bald cypress trees and wetlands but it certainly applies here as well.

We need your help and financial support to stop those who falsely claim they are protecting the environment. It will take many fights going forward and we will not have the luxury of stopping them only once.

As this article is being written, APPEC is preparing to go to the Ontario Divisional Court. APPEC has already submitted an appeal to the Court to stop WPD from starting construction work at the White Pines wind project site after the ERT (Environmental Review Tribunal) decided not to do its job of preventing serious and irreversible harm to Blanding's Turtles and their habitat. Instead, the ERT took the approach of ignoring the affidavits of four expert witnesses stating that there will be serious and irreversible harm to Blanding's Turtles if WPD starts clearing vegetation. This ERT appears to be more concerned about legalities than in protecting the environment, the species at risk and the habitat they need to survive. As we have already seen at the hearing last year the ERT frequently fails to listen to the experts.

If our legal action fails there will be nothing in the way of WPD carrying out its plans to clear turbine sites of vegetation. WPD plans to clear 50 m x 100 m swaths at each of the 27 turbine sites. This destruction of habitat with large machinery has a high likelihood of killing Blanding's Turtles as they emerge from their over-wintering ponds. Also, over-wintering habitat will be damaged or permanently destroyed leaving some turtles in jeopardy next winter. Blanding's Turtles are known to return to the same over-wintering site each year as these sites have proven to provide the right conditions for them to survive the winter. The survival of any turtles that are forced to look for new sites next winter is uncertain.

*(Continued on the next page)*

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(Save the South Shore continued from page 13)

In addition APPEC is preparing to return to the ERT to defend our successful appeal of the White Pines wind project. At the past ERT hearing the burden of proof was on APPEC. The appeal is over but the ERT hearing continues. Now WPD will need to convince the ERT that the White Pines wind project will not cause serious and irreversible harm to Little Brown Bats and to Blanding's turtles. APPEC will once again call expert witnesses who will tell the ERT why the mitigations WPD proposes will not be effective in preventing that harm.

Without question we will need to fight many times over to save the south shore. We will continue to work with the Prince Edward County Field Naturalists, CCSAGE Naturally Green, our municipal council and many others who are invested in this fight. Above all we will need to continue to rely on the generosity of the residents of this ward in order to complete this task.

Donations can be made by cheque or by PayPal on APPEC's website [www.appec.ca](http://www.appec.ca). Please make cheques payable to the South Shore Appeal Fund and mail to the Alliance to Protect Prince Edward County, P. O. Box 173, Milford ON, K0K 2P0.

If you have already made a donation to the South Shore Appeal Fund consider another one as the need for funds has grown. We hope we can look forward to your continued support as our legal bills continue to rise.

Thank you in advance for supporting our fundraising campaign. With your help we will win this fight just as the concerned citizens in Florida won theirs to save the Bald cypress and wetlands. By the way, that site is now an Audubon centre.

Yours truly,  
Gord Gibbins, Chair, Alliance to Protect Prince Edward County (APPEC)  
[contactus@appec.ca](mailto:contactus@appec.ca) [www.savethesouthshore.org](http://www.savethesouthshore.org)

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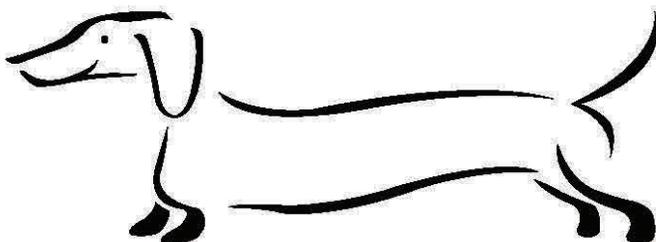
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Of  
Gentlemen**

The AoG's recently formed "Arts Criticism Subcommittee" (ACS) met during March to finalize their mission statement, and to establish which artistic disciplines they felt qualified to consider. There was general consensus that the arts, in most cases, are under reported in Prince Edward County with particular criticism directed at the *South Marysburgh Mirror* which historically has never reported on the arts. As explained in a recent email, the AoG feels that it can provide a valuable service "to those members of the community of a discerning nature with an appreciation of artistic endeavours."

The sub-committee is to meet in April to consider the various disciplines most evident and pursued in the County including photography, sculpture, art (including abstract, still life and portraiture in acrylic, watercolour and other media), literature (fiction and non-fiction), journalism, music, film and TV, architecture, and culinary. There was a general feeling that no member of the AoG was qualified to report on textile art such as quilting. "None of the guys really understand that art form. We're also going to have to fully assess the artistic media we cover—should we expand beyond watercolour and acrylic and include pointalism or pen and ink? We want to cover as many bases as possible."

Also to be included on the April agenda is how they will obtain press or reviewer credentials to represent themselves at the upcoming authors' festival. They will also finalize their review format. As one AoG ACS member noted, "We want to create simple, direct, informed reviews that convey to the patrons of the arts exactly what they will experience."

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*Adlai Stevenson, campaign speech, 1952*

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*Special Guest:* Brian Musselwhite,  
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- June 11            Ancient Egypt in Canada:  
What is in Canada, where it is, and  
how it got here
- July 9              The Art of Ancient Egypt:  
An introduction to the arts in  
ancient Egypt

Presenter Mark Trumpour is a former Vice President and Trustee of the Society for the study of Egyptian Antiquities (SSEA) who has written and lectured on ancient Egypt for a decade. He is lead researcher for the project "In Search of Ancient Egypt in Canada", and for many years a volunteer and Departmental Associate at the Royal Ontario Museum. He is currently involved with the study and conservation of three ancient Egyptian coffins.

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