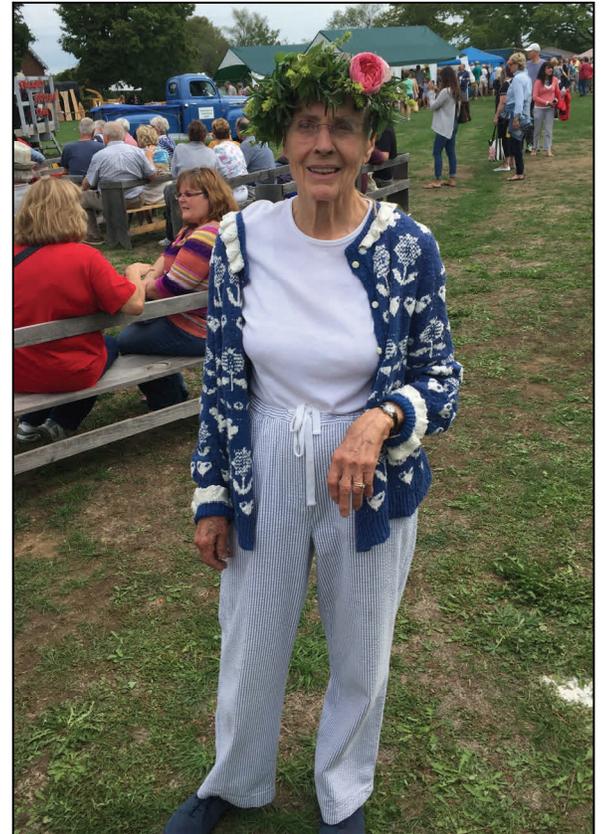


The 70th Anniversary of the Milford Fall Fair

The threat of rain didn't dampen the celebratory atmosphere of the Milford Fall Fair that this year celebrated its 70th anniversary. "This year celebrating 70 years of old-fashioned fun" the fair lived up to its theme as hundreds of visitors enjoyed the parade, games, crafts, exhibits, and visiting with old and new friends and neighbours.



Flanking the Milford Fair's 70th Anniversary Ceremonial Cake are cake decorator Carol Branscombe and cake maker Bruce Dowdell. The 'Cake' was decorated with memorabilia from previous decades' Milford Fairs. Upper right, Gillian Parker, festooned with fragrant herbs and flowers. Above (L-R) Valencia Logan, Mary Creasy & Candace Keays sample some of the pie that quickly sold out after the fair opened. More pictures & the list of donors to the fair on pages 8 & 9.



South Bay United Church

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celebrating our
FOODGRAINS HARVEST

WEDNESDAY, OCTOBER 5, 2016
5:00 - 7:00 p.m.

roast beef gravy mashed potatoes
locally-grown vegetables
jellied apples garden salad
home-made desserts
tea, coffee, juice

Adults: \$16.00 Children 12 & under: \$8.00
Tickets available at the door

South Bay United Church
2029 County Road 13 - 613 476-8388

What's going on at The Library

By Barbara Sweet, CEO



**Visit the Library This Month –
There Are Plenty of Reasons!**

A Visit Will Get You Thinking - is the tag line for Ontario Public Library Week, celebrated annually in October. This year it runs the week of October 16th to 22nd. The County of Prince Edward Public Library has a varied program of speakers and events planned for the week – to get you thinking!

On Tuesday, October 18th, at the Bloomfield branch at 4:00 p.m., Paul Ross will give a wood turning demonstration followed by a Q & A session. On Tuesday as well, learn about Heirloom Preservation from Jessica Chase of the PEC Museums at 5:00 p.m. at the Picton branch and if you can squeeze it in, attend the Open House in Wellington from 2:00-4:00 and join David Simmonds for the launch of his new CD. Enjoy an afternoon of music and refreshments.

On Wednesday, **October 19th at 2:00 p.m. the Milford branch** will present a demonstration of Functional Fitness with instructor Jennifer Cobb. This program has been popular in the library as an exercise class open to all fitness levels. If you like it - ask us to make it a permanent program in Milford!

Thursday, October 20th at 1:00 p.m., in Wellington, paint a Prince Edward County butterfly with instruction from artist Janet Battaglio. Please register in advance with Tracy at 613.399.2023. The cost to cover materials is \$20.00.

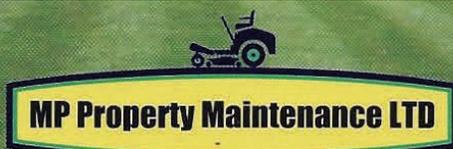
Please join designer/decorator Suzanne Wright in Picton on Friday, October 21 at 2:00 p.m. to get tips on where to start when undertaking a home renovation.

Remember that the regular **Story Time with Liz happens every Friday morning in Milford branch at 9:30 a.m.** Enjoy stories and playtime with other young families.

Finally – thank you to Bruce Dowdell for rescuing our broken bench and taking it in for repair. Bruce will restore it to the front of the library in the spring. Thank you Bruce for all that you do for the library and the village.

For news of other library happenings pick up our newsletter or visit peclibrary.org to view our calendar of events.

**Read The Mirror on-line and in colour at
www.southmarysburghmirror.com**



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The South Marysburgh Recreation Board

The Marysburgh Mummers

The Milford Fair Board

Meetings, Events, Announcements

Fair Board Meeting

Milford Town Hall
Wednesday, October 12th at 7 p.m.

Milford Market

Fairgrounds
Saturdays from 9 a.m. to 2 p.m.
LAST WEEKEND THIS YEAR!

Recreation Board Meeting

Milford Town Hall
Thursday Oct. 6th at 7 p.m.

The Marysburgh Mummers

Present
A Funny Thing Happened on the Way to the Forum
Oct. 21,22,13,28, 29,30
Mt. Tabor Playhouse

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Bruce Dowdell at 613. 476.8891
vidvar@kos.net OR
Leon McConnell at 613.476.6606*



South Marysburgh Councillor Steven Ferguson presents a cheque to Hospice Prince Edward Foundation Chair, Peter Matthewman. The cheque represents sponsorship pledges Steven received from the community in support of his recent friendly competition with Mayor Robert Quaiff in the Striped German Tomato Challenge that was judged at Vicki's Veggies on Labour Day weekend. The competition resulted in a split decision, with each of the competitors donating their pledges to their charity of choice.

Milford Market

Last Day Saturday, Oct. 8

9 a.m. to 2 p.m.

in the Red Shed at the Milford Fairgrounds - 2179 County Road 17

Veggies & Greens in Season, Stonemill Bread & Fresh Baked Goods, Artisan Pottery & Photography, and Lewis the Bookman!

...and don't forget your shoppin' bags!



They're everywhere! A rather shy Blandings Turtle moved off the centre of County Road 13 at County Road 16.

The South Marysburgh Mirror

October 2016 Volume 30, Number 9

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Grow Your Own

By Nancy Butler & Sarah Moran Collier



This is most definitely a season to give thanks.

Thank you to everyone who brought in such beautiful produce to the Milford Fair. All the vegetables and fruit and grain and honey and herbs looked so beautiful. There was a diversity of foods grown in South Marysburgh for people to marvel at and enjoy when they came into the Shed. There were some entries we had not seen before, like hops and amaranth and tiny, perfect pears... as well as some old favourites like handsome potatoes, large and small. And of course there were heirloom tomatoes, in a rainbow of colours.

Thank you too to everyone who came along to share in our special community fair and to take part in a 70-year-old Milford tradition.

We were all grateful to be sure, for the rain that arrived in September after a devastating drought. Perhaps some people weren't surprised, but it was extraordinary that the fading flowers and vegetables responded, overnight it seemed, to that gift from the heavens. Very sad sage and battered beans perked right up again.

The Striped German Tomatoes have been the stars of the season here in South Marysburgh, and our tomato category winner was grown by Steve Ferguson. But the real star of the show is the entry selected for the Barry Laramy Trophy. This year that trophy went to Mario Spinosa. His spectacular, swan-like vegetable drew the judge's attention immediately. His win is well deserved indeed. Mario has brought many high quality entries into the Milford Fair over the years.

This year, for the first time, we asked people to contribute to a Community Harvest. There were baskets of delicious vegetables and fruit and some canned produce. South Marysburgh resident, Christine Renaud, has been cooking it all up and is making free food available for people in the community with her *Food Not Bombs* programme. We extend a huge, heartfelt thanks to those who went the extra mile and donated to this Community Harvest. Thank you to Buffy Carruthers, Vicki Emlaw, Kate Cowan, Delia Evans and to others whose names we may have failed to capture on the busy day of the fair. We hope to do this Community Harvest again.

So, thank you one and all for growing your own and bringing it along to the fair. We look forward to seeing you all again next year with stories to tell and beautiful entries to share.

Todd Smith, MPP

Prince Edward - Hastings

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Gossip!

*Personal Notices, Announcements
& Random Notes*

George and Sandra

Congratulations to George and Sandra Emlaw for their induction into the Quinte Agricultural Hall of Fame. The Emlaws were nominated by the Prince Edward Federation of Agriculture in recognition of their innovative farming practices but also for their philanthropy and contributions to the community. Well done!

Live, Laugh, Feel Appreciated and Eat

Jen Ackerman advises that her annual customer appreciation lunch takes place on Thursday, October 6th from noon to 5:00 p.m. This annual tradition illustrates just how thankful we should be to live in South Marysburgh.

County Farm Store

Who'd-a-thunk, the store that sells everything to help you raise livestock is now selling the end result. Every Friday from noon on, the County Farm Store in Picton is selling fresh, never frozen local Angus beef. Various cuts are available for purchase every week and the flavour is wonderful.

Pick a Part of South Marysburgh to Re-Beautify

The municipality (under pressure from Council) has reinstated the roadside Trash Bash on Saturday, October 16th. Any resident can chose a stretch of road and pick up litter left on the roadside. Registration, including naming the stretch of road you'll be working on, is available by visiting Shire Hall or phoning 613.476.2148 x 4000. Trash Bash kits that include instructions, bags, gloves etc. can be picked up at Shire Hall.

Milford Fair Food Vendors or the Lack Thereof

The Milford Fair Board apologizes for the limited amount of food at this year's fair. As of a week before the event, six food vendors were confirmed to be participating but four of them dropped out at the last minute due to a shortage of help, a family problem or the unfavourable weather forecast thus leaving the Fair Board and hundreds of attendees in a lurch.

In light of the situation, the Lions Club and our own food booth volunteers performed well above expectations and beyond the call of duty. Many thanks to Candace Keays and her hair-netted crew at the booth.



October at the Winery

The weather has been great for harvesting and we will have it all in before Thanksgiving. First time ever! All five varietals produced excellent fruit so you can look forward to some fine vintages .

On the Patio—BluZone

Frank and Martin are back

Saturday, October 8

1:00 to 4:00 p.m.

(as always weather permitting)

Our Nibble Menu will be available along with our wines by the glass:

Red - \$8.00 White - \$6.00

Enjoy a glass anytime on the patio or take a stroll in the vineyard

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**Copy & Advertising Deadline for the November
Edition of The Mirror is October 24th**

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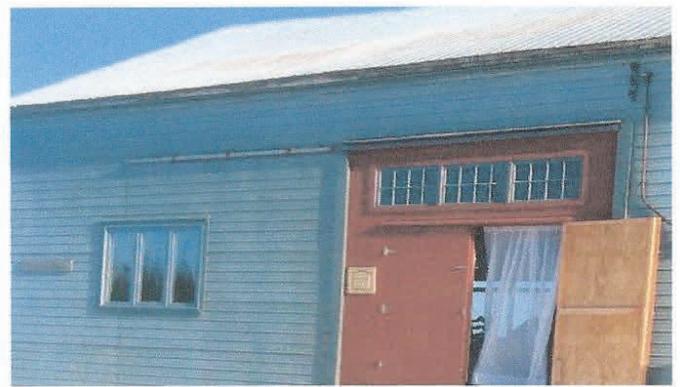
We've had a limited harvest this year because of the drought, but the honeys are spectacular - thick, dark, and bursting with flavour.

Find us at the Milford Market on Thanksgiving weekend.

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**U.C.W. and Milford Friendship Circle
Coming Events**

Thurs. Oct. 6 – Monica Alyea will host the Friendship Circle meeting at 1:30 p.m. Monica has Thought for the Day and program; Roll call is to bring items (or money) for the food bank.

Wed. Oct 12 – U.C.W. will be held at South Bay United Church hall at 12 noon with a pot luck lunch. The meeting will start at 1:00 p.m. with Jan Collier having devotional; Roll Call - things we are thankful for; Program – Joyce Minaker; Objective – plan our luncheon and craft sale.



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Hot Coffee, Hot Lunch, Hot Gossip!

Druella Acantha Malvina's Column

Gem for the month: Give some people an inch and they'll think they're a ruler.

Useful conversion tables:

- ◆ Ratio of an igloo's circumference to its diameter = Eskimo Pie (Pi)
- ◆ 2,000 pounds of Chinese soup = won ton
- ◆ 1 millionth of a mouthwash – 1 microscope
- ◆ Time between slipping on a peel and smoking the pavement = 1 bananosecond
- ◆ Weight an evangelist carries with God – 1 billigram
- ◆ Time it takes to sail 220 yards at 1 nautical mile per hour – knotfurlong

A small boy was looking at the red ripe tomatoes growing in a farmer's garden.

"I'll give you my two pennies for that tomato," said the boy pointing to a beautiful, large, ripe fruit.

"No, said the farmer, "I get a dime for a tomato like that."

The small boy pointed to a smaller, green one. "Will you take two pennies for that one?"

"Yes," replied the farmer. "I'll give you that one for two cents."

"Okay," said the lad, sealing the deal by putting the two cents in the farmer's hand. "I'll pick it up in about a week."

At a local bar, a young woman was telling what she wanted in a perfect mate. "He must be a shining light in company, musical, tell jokes, sing and stay at home nights."

An old granny overheard and spoke up, "Honey, if that's all you want, get a TV".

The way it is:

- ◆ The biggest lie I tell myself is.... I don't need to write that down. I'll remember it.
- ◆ Wouldn't it be great if we could put ourselves in the dryer for ten minutes, come out wrinkle free and three sizes smaller?
- ◆ Last year I joined a support group for procrastinators. We haven't met yet.
- ◆ I don't have gray hair. I have "wisdom highlights". I'm just very wise.
- ◆ My people skills are just fine. It's my tolerance to idiots that needs work.

Sitting in a bar having drinks with a friend, a man points to two drunks sitting across the bar. "That's us in 10 years." His friend replies, "That's a mirror, you idiot".

A man with a swollen foot goes to the doctor. After a careful examination, the doctor hands the man a pill big enough to choke a horse.

"I'll be right back with some water," the doctor says.

The doctor has been gone for a while and the man loses patience. He hobbles out to the drinking fountain, puts the pill in his mouth and gobbles down water until the pill clears his throat.

He hobbles back into the examination room.

Just then the doctor comes back with a bucket of warm water. "OK, after the pill dissolves, soak the foot for 20 minutes.

Exit Line: After 50, if you don't wake up aching in every joint, you are probably dead.

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South Bay U.C.W.



The ladies met at South Bay United Church at 1:00 p.m. Maureen opened the meeting with a reading showing how seniors, assisted by God, could get much needed exercise.

We then reviewed our purpose, theme hymn and Lord's prayer.

Carol obligingly gave Jan's devotional describing how our interests show what's in our hearts.

The ladies told of their summer activities for roll call. Nineteen sick calls were made.

Minutes of the previous meeting were accepted as read.

A get well card will be sent to Donna because of her car accident.

Our collection was dedicated to the Terry Fox Run.

The Fall Rally will be held at Bloomfield United Church on Wed. Sept. 21st. Monica will talk about her African trip for our part of the program.

Alice tested the group with a contest pertaining to Milford Fair.

Our U.C.W. prayer closed the meeting, and the ladies enjoyed a lunch supplied by Karen and Nora who were thanked by Maureen.

*Read The Mirror on-line and in colour at
www.southmarysburghmirror.com*

Milford Friendship Circle

Six ladies gathered at Jean Burrows on Thurs. Sept. 1st at 1:30 p.m.

President, Margaret, opened with a delightful reading about the candor of children. Jean's "Thought for the Day" was a reading showing how to create a perfect English afternoon tea. You are never to pry into wealth, religion or politics.

The minutes of the June meeting were accepted as presented.

For roll call, the ladies discussed the best time in their lives.

Our finances were presented with a Chinese auction contributing to the coffers.

Margaret closed with Rules for Teacher's in 1911. If we think we have rules today, they are considerably different from the ones in that era.

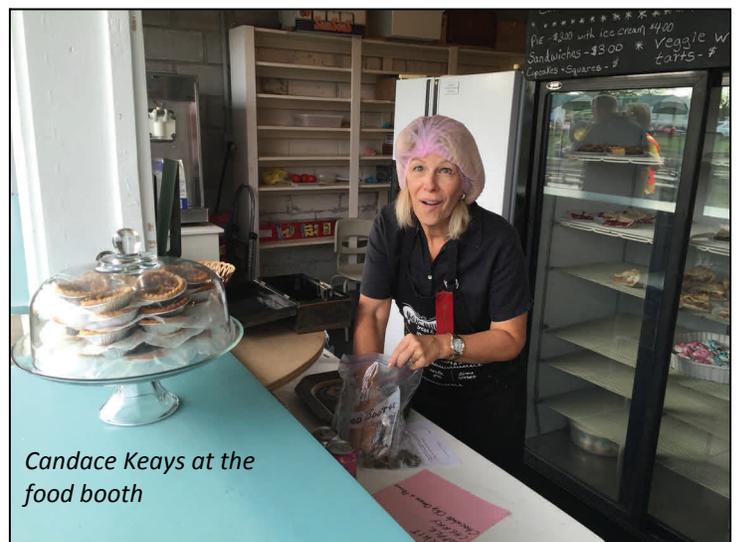
The ladies enjoyed catching up on each other's lives as they partook of Jean's lovely lunch.

The 2016 Milford Fall Fair



The always popular dog show

L to R: MPP Todd Smith, MP Neil Ellis, and Mayor Robert Quaiff



Candace Keays at the food booth

Milford Fall Fair Donors 2016

Many thanks to all our contributors and donors who made this year's fair a success!

(We apologize to any donor whose name was inadvertently missed)

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"11 Down, 27 to Go"

APPEC Report on the Remedy Hearing for the White Pines Wind Project—October 1, 2016

By Paula Peel

At this point we are about half-way through the remedy hearing for the White Pines wind project. Cross-examinations were completed this past week. Experts for APPEC outlined the numerous deficiencies of wpd's proposed mitigations and provided clear evidence of serious and irreversible harm to Little Brown Bats and Blanding's turtles at the project location.

APPEC also submitted several motions to the Tribunal last week. They are briefly summarized as follows:

Referral to the Director

This motion is for an Order of the Tribunal to remit the REA (Renewable Energy Approval) for the White Pines wind project back to the Director of the Ministry of the Environment and Climate Change (MOECC) for reconsideration in light of the amendments proposed by wpd. A large number of significant amendments to the Project have been proposed. As a result this Project can no longer be said to be the Project "as approved" by the Director.

Striking Respondents' Evidence

Affidavits from witnesses for wpd and the MOECC raise issues that as a matter of law could only be properly raised at the main hearing. In effect both wpd and the MOECC are seeking to re-litigate large portions of the hearing that have already taken place.

Motion re New Evidence

On April 5, 2016 APPEC obtained aerial photographs, taken by a drone, of the large-scale clear-cutting at T16 and T17. The devastation of the construction from only two sites clearly demonstrates just how pervasive and severe the construction process actually is. This motion is for an Order to admit this new evidence pursuant to the Tribunal's Rules of 233 and 234.

Motion re Disclosure

APPEC requests an Order from the Tribunal directing that wpd and the Director provide any documentation in relation to their witnesses that were considered by these witnesses in the formulation of their opinions for the remedy phase.

Motion re Clock Stop

The hearing as contemplated by the Tribunal cannot be completed within the remaining hearing time under O. Reg. 359/09 s.59 (i.e., the Green Energy Act).

Motion re Recusal

This motion is for an Order that the presiding Tribunal members be recused. APPEC respectfully submits that there exists a reasonable apprehension of bias in this matter.



Jamie Walker

Hairstylist

County Roots

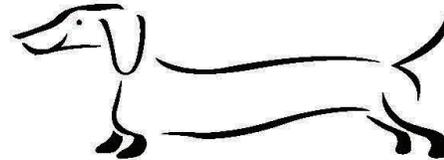
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The hearing will continue into November with the possibility of an oral hearing of final submissions. All four of the Parties in the ERT have requested an oral hearing. However as of yesterday wpd and the MOECC are insisting that the oral hearing takes place before November 25 or that it does not take place at all. We will give an update on the status of the oral hearing in next month's publication of The Mirror.

We would like to end this report with some non-legal news. A recently-published study in Britain has revealed that the hair of badgers living within one kilometre of a wind project have a 264% higher cortisol level than badgers located at least 10 km from any turbine or wind farm. According to the researchers who conducted the study this demonstrates that affected badgers are physiologically stressed. They note that elevated cortisol levels could result in increased risk of infection and disease. The study concludes that "it is reasonable to suggest that the increased cortisol levels in the hair is the result of disturbance from (wind turbine) installations with vibration, noise and especially infrasound, the most likely reasons." The study was conducted by three researchers from the Royal Veterinary College, the Zoological Society of London and the Scottish Oceans Institute.

APPEC continues to depend on donations to the South Shore Appeal Fund for our legal appeal to stop the wpd White Pines Wind Project from being constructed. Donations are greatly appreciated. For instructions on how to give a donation please visit our website

www.appec.ca

Rude

By George Underhill

My daughter was in a Picton bank on one of the busy days following the July 1st holiday. In line was also a person who was a bit handicapped mentally. As the line moved forward he was momentarily inattentive and two people took the opportunity to squeeze ahead of the confused fellow. Do you suppose they had an emergency that eclipsed his? No, they saw the opportunity and took advantage of it.

A while back I was in line at the cash register at the grocery store and a woman elbowed into the line in front of me. Her teen age daughter was with her and gave me a guilty shrug, saying without words, "I have to live with her. It's no picnic." There is justice in the world though, because when I arrived at the register I was given a cheque for being the 500th customer or something. Too bad the lady didn't wait around to witness it.

Some years ago, the Horticultural Society supported plantings in public places to beautify the County. My wife and I planted flowers at the Rutherford Stevens Lookout overlooking Smith's Bay. The plantings didn't last long as someone dug them up to beautify their own garden. Did they subsequently look over their property and, with some pride, boast that the flowers were free because they stole them?

July portends the beginning of the influx of visitors and Main Street becomes clogged with traffic. Normally, if you are on a side street and wish to get your vehicle on Main Street, you don't have to wait more than one or two cars before someone will stop and wave you in. It works pretty well, making traffic lights unnecessary on Main Street for the most part. But our visitors who arrive from dog-eat-dog cities will accelerate to prevent an automobile from squeezing in. That's normal in a large city. I used to commute to downtown Montreal and felt it was a failed journey if there was not an exchange of fingers during the trip. Was I rude? You can bet on it, but it isn't necessary to behave that way here.

I feel sympathy for waiters and waitresses and their customers. I know the serving staff is there to serve

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TRASH BASH

in PRINCE EDWARD COUNTY!



SATURDAY OCTOBER 22

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Could you lend us some of your time?
Prince Edward County, the Lions Club and Waste Management are working together to pick up litter from roadsides, parks, and sidewalks and we need everyone's help.

How to Bash Trash
Decide where you want to pick up litter and contact Shire Hall to find out how to register, where to pick up supplies, and get a list of drop-off locations. On October 22, clean up your chosen area and take the material to a designated Trash Bash drop-off location. It's that easy.

To contact your Trash Bash Rep and pre-register, visit Shire Hall or call:
613.476.2148 X 4000

customers who are often paying more than they would wish and can be fussy and demanding. Still, those patrons can ruin a good meal all by themselves. First they should be aware they are not the only customer the server has, so when they ask endless questions about the food, "Can I substitute beets for potatoes", or "Where in Prince Edward County can I launch my boat?", they might expect hurried or wrong answers. On the other hand, as a customer paying the big bucks for average food, you might expect good service and civility. I don't know whose side I'm on here. Maybe I'm just on the side of civility. You should bear in mind that the other person may have good reason to be difficult, but not to the extent that they can be rude, nor should their behaviour prompt you to be rude in return.

Frequently, visitors become lost as they drive our roads. Usually you can tell by the behaviour of the driver as they slowly look for some recognizable signpost. But when they stop without warning to look at a map or a striking view they become dangerous. It would be nice if they would signal and pull over to the side of the road. On the other hand, be patient if they don't give you the courtesy of warning of their intentions.

Finally, there seems to be an explosion of pickup trucks either without mufflers or with mufflers designed to be extra loud. Why one would choose to drive a vehicle that exudes constant ear shattering noise I cannot grasp. It's certainly unpleasant for pedestrians and other motorists. It's plain rude.

You can think of many more examples, I'm sure.

A Word About Retirement

By Tim Egan

Retirement is a word, but is it the right word?

There never was a truer affirmation of the saying "It's the journey not the destination" than in the case of life in retirement. The destination is inevitable, but the farther off the better. In the meantime, there is the journey.

Let's take a look at the word "retirement." What does it mean and is it an accurate depiction of what can be the best years of one's life? My Little Oxford Dictionary defines retirement using the words withdrawal, retreat, recede, seclusion and to go to bed! No wonder pre-retirement jitters drive many to put off the day as long as they can.

A better word for the post-work life stage is "liberation." For me, after years of being captive to an agenda set by objectives and circumstances (most of which, admittedly, were self-inflicted from a desire to succeed), my life became my own again. While sand seems to slip through the hour glass faster and faster as one ages, time formerly occupied by meetings and business travel opens up and creates endless opportunities to use "liberation" time doing what you want to do, when you want to do it.

So what to do?

What a luxury to even be able to ask the question. But starting with a blank slate can be frightening. "What do you do in a typical week, Tim?" asked a former colleague recently. "My favourite morning is to wake up with nothing to do" I replied. "Sacrilege" my colleague thought. He had a vision of me lazing around bored silly.

My vision was the opportunity to get to that box of First World War books and diaries left to me by my father and start piecing together the story that he, like so many WWI survivors, chose not to tell. Then, there are the family movies and pictures going back decades that languish in another box. And then there is the banking to do, the dog to walk, the news to read, the children to call, the repairs to make, the trips to plan, the music to listen to, the books to read, the friends to meet, the causes to support and the aging body to exercise.

All at my pace, under my control.

Rather than call it retirement, let me refer to this period as "liberation". It generally accompanies three stages of physical ability: go go, slow go and no go (financial outflows follow a similar pattern).

It is important to recognize change and, if necessary, to change spending habits. For many, saving and planning for the future becomes a way of life. But when the future leaves a mere few decades ahead, in addition to leaving money to the next generation or other worthy causes, the time for harvesting the fruits of your labour is upon you. There's no better time to do this than in the "go go" period, when physical and financial stars are aligned.

(Continued on page 14)

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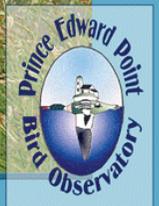


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The Lawn Goodbye

By Conrad Biernacki and Brian Musselwhite

Photos by Robert Logan

Many of you have probably driven past our property at 68 Morrison Point Road (across from Vicki's Veggies) and found yourself slowing down to admire a spectacular field of sunflowers, cosmos, buckwheat and zinnias. Or stopping to take photos. Those out for a stroll often come for a closer look. It's the most beautiful field in the County.



Recently retired from the Royal Ontario Museum and wanting to live nowhere else but in the County, we purchased a bed and breakfast known as Colleen Cottage, renaming it Black River Bed and Breakfast.

But there would be one activity to which we were determined not to devote much time—cutting a three-and-a-half-acre lawn. We wanted to minimize the amount of noise, air pollution, expense and time required to maintain such a large expanse of relatively useless and unproductive grass.

Previously part of a large Grimmon family farm, our land was zoned residential with the building of a house on the bank of the Black River in 1983. The area around the house was beautifully landscaped by Lockyer's Country Gardens in Picton, but the two acres between the house and the road were left as an enormous expanse of lawn.

Wanting the grass to be put to a more useful purpose, we approached Tim Noxon and Vicki Emlaw of Vicki's Veggies to ask if they would be interested in returning it to agricultural use. We envisioned several fields with grass pathways in between. And at least one field of mixed flowers.

Tim said that he had always coveted our lawn as a perfect location to plant his garlic; now that could finally happen.

Vicki's Veggies is a certified organic producer. And since no chemical pesticides or fertilizers had been used on our property for many years, it too has been certified as organic agricultural land.

Last November, two of the three quarter-acre fields were planted with garlic. Each field is 48 feet by 220 feet. Following a July harvest, these fields are now planted with several types of cabbage that will be ready later this year.

In July, the westernmost field was hand sown by Tim with a mixture of flower seeds as well as buckwheat. This plant produces beautiful clusters of small white flowers that shoot out from smooth triangular leaves attached to the stem. In spite of this summer's drought, a single watering was all that was necessary for sprouting.

The plants flowered quickly and the field was instantly filled with a variety of bees, butterflies and other beneficial insects. The blossoms were not only a visual treat, but also an important source of food for our beleaguered bees. Humming birds are also frequent visitors. And since some of the cosmos have recently matured, American goldfinches are enjoying their seeds.

Converting a long-time lawn into productive agricultural land required primary tillage to decompose the thick bed of grass and secondary tillage to prepare the soil for planting. Some organic compost was added to improve the loamy soil. It was a fairly simple process that we heartily encourage other owners of oversized lawns to consider.

In our case, Tim sourced seeds from organic suppliers. Only two pounds of seed were necessary to cover the quarter-acre field. Below the photograph of our field are some sources of organic flower seeds.



highmowingseeds.com; johnnyseeds.com; vesseys.com;
heritageharvestseeds.com; hawthornfarm.ca;
edible-antiques.myshopify.com; westcoastseeds.com;
fieldstoneorganics.ca; organic.seeds.ca; hopeseed.com;
anniesheirloomseeds.com; botanicalinterests.com;
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Read The Mirror on-line and in colour at
www.southmarysburghmirror.com

(‘Retirement’ continued from page 12)

When a friend once said to me, “Financial planning? All I want is for my last dollar to run out at the same time as I do.” I thought “Heresy.” After all, my lifelong personal, business and vocational focus had been to help others build their wealth, growing the company I founded in 1972, T.E. Wealth, into a national enterprise in doing so. My values have not changed. What has changed is that the time has come to enjoy the harvest.

Enough of money. Let’s take a look at time. There is more of it during the “liberation” period, and yet, there is less. More because your time is your own, but less because it is running out. One thing that saves time, and yet consumes it too, is personal technology.

Keeping up is hard to do and yet letting go is not easy either. Through the wonders of the internet, I can listen to radio from around the world, and watch video streaming when and how I want. I can arrange travel plans down to the tiniest detail. I can call and see relatives and friends in distant lands. I can put together family videos with music and sound effects just like a professional. I can research any subject at the push of a button. And, yet! I can spend an entire morning trying to solve a glitch on my laptop. I can consume hours on the phone being directed down every imaginable self-service alternative before being able to speak to an actual human being. And even then, there is no guarantee that I’m through to the right person or that we speak the same “techspeak” that is needed to explain the problem even before it is solved.

Then, there are the pitfalls of autocorrect spell checks where a quickly crafted email sent without careful proofing can get the writer into big trouble. “Dear Mary, It was gator to eat you and the kilts toad” rather than “Dear Mary, It was great to see you and the kids today.”

All this, in addition to the constant attempts of crooks trying to con me into giving them my password by pretending to be Apple or Microsoft or your bank.

Another adjustment is the loss of status. An aging exterior may no longer command the admiration it did in one’s forties. Being an ex-executive erases the fuss, glitter and attention paid to a title. You become just you, one of the masses. Put your ego to bed. Most corporate professionals are very accustomed to delegating work to subordinates either because it is a poor use of their time to do it themselves, or because the subordinate has a superior knowledge of the area in question.

In the post work world, there are few to whom work can be delegated. As a result, much learning and relearning is to be done. You’re on your own. Enjoy it. And on the subjects of learning and technology, there is no longer any excuse for those conversations that went: “I wonder what happened to that actor who was in, you know, the movie about the uprising in the country in Africa or was it South America? You know. He was married to that blond actress who divorced the actor who was in.....” With the tiniest thread of a fact all, questions can be answered by a search online. And not only can questions be answered - but desires fulfilled.

If you like a piece of music, the sound of a book or want to research your favourite subject, with a couple of clicks, there it is - yours for the taking. Socially and culturally, a plethora of opportunities await you in post-retirement. University lectures without exams, choirs for non-singers, walking for non-hikers, cycling tours with baggage delivery.

Keeping your hand in the work world through directorships or consulting contracts works for some. The list goes on, but I must return to the more mundane yet equally important aspects of day-to-day living. Not only do you have time to do more, but you have the time to do it better. Gone are the days of flying by the seat of one’s pants as a multi-tasker. In the post-work period, you can take your time. It is yours for the taking. Use it well. Even the simplest of activities can bring immense pleasure.

If you have grandchildren, you may be surprised at how much time they can consume. But what a joy to have the time to listen to them, to help them, and to celebrate their successes and ease their worries.

You may cringe at the thought of simple routines but, to many, walking the dog, a daily stroll to pick up coffee and read a newspaper, a game of tennis or a round of golf; all of these activities contribute to completing the “liberation” jigsaw puzzle with no missing pieces.

So if you are suffering from pre-retirement jitters, fear not. When you hear people in retirement wonder how they found time for a job, they are not kidding. Not that there is anything wrong with working, but neither is there anything wrong with retirement - except the word itself.

South Marysburgh’s Tim Egan is the Founder of T.E. Wealth, and the author of “What Next? Life Aboard Sea Symphony” written after he retired.

For those who have been following...Thank You!
The Last Word on the Striped
German Tomato Challenge
(And the last word is not His Worship’s!)





Life In The Past

Nelson Hicks' Journals
October 1926

Transcribed by Sarah Moran Collier

Oct. 1 - We are having some nice weather just now. Floral came home with Hamilton Welbanks. I went around to Elman after her.

Sat. 2 - I helped Geo. Collier and Duetta thrash. Lloyd Luise Kathleen came home to night Lloyd has a new Six Sedan Car. She looks like a dandy.

Sun. 3 - No one went to church to day Lloyd and Luise went up to Don Thompson left the kids here.

Mon. 4 - I cut roads through my corn rather a nice day.

Tue. 5 - Mirt and I went down to the Flats after some corn to can Just got to the house when it began to rain and say it did come down.

Wed. 6 - Still we are having more rain don't no how I will ever cut my corn if it keeps on so wet. Mira and I went down to Mr Spafford for a while in the after noon.

Thur. 7 - I picked some Wealthys and put in the cellar. The weather has been some better to day.

Fri. 8 - I cut some corn down in the garden After Diner Mirt and I went over to Picton Floral came home with us.

Sat. 9 - Royden is working in the Factory Wrex and I drew up some corn that I had cut for roads in the Flats. After Tea I went over to Picton after Kathleen.

Sun. 10 - Kathleen was taken very sick this morning called Dr. Heaslip it has been a lovely day. nice and warm.

Mon. 11 - Kathleen is feeling better this morning. We started to pick the corn in the Flats drew in two loads. Lloyd and Luise came down at night to see Kathleen.

Tue. 12 - Drew in two more loads of corn Another nice day Kathleen still on the mend. Up around to day.

Wed. 13 - Started to pick corn then it started to rain so we had to quick After Dinner we finished our load. Rex and Royden took it around to the Factory.

Thu. 14 - I started to cut my corn cut about Half of it rather a nice day.

Fri. 15 - I finished cutting my corn then cut John John Loney's. ground very wet.

Sat. 16 - I helped John Loney thrash. Kathleen came home with Jake Hyatt. Lloyd and Luise came down went out to Mr. Hudgins.

Sun. 17 - Kathleen Mirt and I went around to the Bay to Church Lloyd and Luise came out and stayed till after supper. Kathleen went over with them Floral didn't come home Friday night

Mon. 18 - Rained again all day. Truck came out and got a cow for me and one for Hilton Wattam took them over to Picton for H.C. McKibbon

Tue. 19 - Wind North East and rain most of the day.

Wed. 20 - Set out my Salmon Net down by the Bluff . Got One salmon.

Thu. 21 - Royden and I pick apples The Salmon are on now. I got Two.

Fri. 22 - Rained again to day. Never seen such a rainy time in all my time. Got Three Salmon.

Sat. 23 - Mirt and I went over to Picton in the after noon been a very nice day Kathleen came home with us. After supper Floral Wrex and I went down and set the net out. The salmon were on around the Old dock and there were lots of them. It was a lovely night in the water.

Sun. 24 - Raining when I got up in the morning and it rain all day making a very dull Sunday no one went to church

Mon. 25 - I took Floral and Kathleen up to Hamilton Welbanks and he took them over to Picton Another rainy day.

Tue. 26 - Royden and I set up the corn on the Flats. a little showery to day Kathleen and some of the young people from Town came out for a Roast they had a fine time

Wed. 27 - Royden and I drew in the Garden stuff. After dinner we went down and dug potatoes it was a might muddy digging something awful to pick up.

Thu. 28 - Worked in the mud. digging potatoes a very nice day.

Fri. 29 - Picked apples and finished all up picking. Not a very big crop.

Sat. 30 - We finished our potatoes Just got threw and it commenced to rain and rain all day Floral and Muriel Cole came out with Collin Hudgins. Kathleen came home with Lloyd. All went out to Geo. Hudgin's had a big time rained all the time we were out there.

Sun. 31 - Lloyd and Luise went out to Geo Hudgins no one went to church to day Kathleen went over to Picton with Lloyd and he went home.

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