

The *South Marysburgh* Mirror

September 2016

Published for Residents, Businesses and Visitors since 1985



A Parade!



Meet New Friends!



Food!



Sports Contests!



Vegetables!



A Dog Show!



Citizenship Awards!

The Milford Fall Fair

Saturday, September 17th (Rain or Shine)

Milford Fairgrounds, 2179 County Road 17, Milford

This Year Celebrating 70 Years of Old-Fashioned Fun!

The Prince Edward County Country Jamboree



Now in its second year, the well-organized jamboree attracted country music fans from across the province, and brought something new to the village of Milford.

Hundreds of people enjoyed flawless weather at the Milford Fairgrounds and were entertained by dozens of musicians including *Canadian Idol's* Jaydee Bixby and his band (pictured).



FAMILY FUN

**MOVIE
NIGHT**

Friday, September 23
St. Philip's Anglican Church
44 St. Philip St. Milford
POT LUCK SUPPER AT 6 pm
MOVIE "Wall-E" at 7 pm

What's going on at The Library

By Liz Zylstra



When September hits, most parents and kids have one thing in mind – heading back to school. Well, that and the Milford Fair, of course! The public library is a great resource for all students, from brand new Junior Kindergarten students who might appreciate a good picture book to adults looking for a quiet place to study and work.

For children too young for school, the Milford Branch Library has you covered too! Weekly story time will start on Friday, September 9 at 9:30 A.M. and will continue weekly on Friday mornings until October 14. Drop in for stories, activities and lots of time to play. All welcome!

If you're interested in learning a new language, visit the library's website (peclibrary.org) and check out Mango Languages. It's a user friendly language learning tool which you can access from anywhere. It's conversational and easy to use and you can follow along by listening to the conversations spoken aloud as well as reading the words on your screen. To keep things interesting, Mango Languages also adds in interesting tidbits about cultural practices and geography. You can choose to learn any of 72 languages, including the most popular choices: Latin American Spanish, English, French, Korean and Italian. Use your library card number and PIN to log-in to check it out. You're welcome to use it on the library computers and we can provide headphones if you need them.

Don't forget, library membership is free and you can drop by anytime we are open – we will be here the day of the Milford Fair so it would be a good chance to visit us and come in and cool off, and check out the Musical Instrument Lending Library if you haven't yet.

The fall events schedule is online at peclibrary.org or you can pick up the newsletter in the library.

We have heard there's some interest in a homeschooler's group at the Milford Branch– if that interests you please drop by and let us know or send an e-mail to milford@peclibrary.org.

Please note: Starting the first week of September the Milford Branch of the Library returns to our fall/winter hours and will be closed Fridays.

**Copy & Advertising
Deadline for the October
Edition of The Mirror
is September 25th**

Milford Market

Open Saturdays 9 a.m. to 2 p.m.
in the Red Shed at the Milford
Fairgrounds - 2179 County Road 17

Veggies & Greens in Season, Stonemill
Bread & Fresh Baked Goods, Artisan
Pottery & Photography, Lewis the
Bookman and Music by Luke the Fiddler!

**...and don't forget your
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The South Marysburgh Recreation Board

The Marysburgh Mummies
The Milford Fair Board

Meetings, Events, Announcements

Fair Board Meeting

Milford Town Hall
Wednesday, September 7th at 7 p.m.

Milford Market

Fairgrounds
Saturdays from 9 a.m. to 2 p.m.

Recreation Board Meeting

Milford Town Hall
Thursday Oct. 6th at 7 p.m.

***To reserve the Milford Town Hall
or Mt. Tabor, please contact:
Bruce Dowdell at 613. 476.8891
vidvar@kos.net OR
Leon McConnell at 613.476.6606***

The Milford Fair

September 17th

*Celebrating 70 Years
of Old-Fashioned Fun!*

Fair Update



The Parade!



Vegetables!



Dog Show!



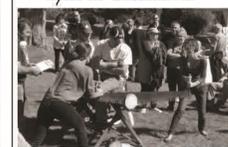
Meet New Friends!



Food!



Sports Contests!



Celebrating 70 Years of Old-Fashioned Fun!

The Milford Fair 2016

Do you have any memorabilia (posters, photos, awards etc.) from Milford Fairs gone by that you'd be willing to loan? Please contact Carol Branscombe at 613.476.8275 or drop off with Bruce Dowdell in Milford

Please call Candace at 613.403.4288 to discuss contributions and volunteering at the food booth. Food can be dropped off to Candace the night before or at the food booth the morning of the Fair. Give her a call - she would love to hear from you!

The Milford Fair is on Facebook at Milford-Fall-Fair. Check out the most recent posts.

Grow Your Own

By Nancy Butler & Sarah Moran Collier



Here it is, September, the month of the Milford Fair. The Fair Board and volunteers have been working away to make this a great 70th anniversary Fair day.

In honour of that we are talking to a big winner in the vegetable category at last year's fair. Her name is Kate Cowan and she won the Howard Gyde Trophy for her collection of vegetables. She is one of the next generation continuing in this long community tradition. She has been coming to the Milford Fair for four years, just about half her life, she says.

Kate is a remarkable person, keen on vegetables. She works in a substantial garden and she describes a long list of vegetables she likes to grow: radishes, melons, pumpkins, squash and tomatoes. She likes to eat cabbage and sprouts. Her favourite vegetable, at the time of the interview, turned out to be butternut squash, particularly when very large.

The fact that Kate remembers what vegetables she put into her winning basket last year shows just how much care she put into creating it. She recalls red cabbage, melon, rhubarb, small pumpkins.

Kate explains she chose a basket from a collection over at her grandmother's and she organized the vegetables with the larger ones at the bottom and the smaller ones at the top.

When last year's judge awarded the top prize to her entry, he noted the care in arranging, the diversity of vegetables and the beautiful basket; so all her hard work won the day.

She hopes to bring large squash to the fair this year. Kate's advice to gardeners looking to be successful is "dig deep, lots of water, sun and pull weeds."

We hope you'll be bringing some of your own beautiful vegetables in to the fair. As well as fruit, grain and honey if you have some.

Good News We know it can be difficult this late in the year to find enough in the garden to put together entries, so we changed the rules. *Entries need 3 vegetables on a plate instead of 5.*

South Bay U.C.W and Milford Friendship Circle Announcements

September 14 - U.C.W. will meet at South Bay United Church hall at 1:00 p.m. Jan Collier has devotional; roll call – what you did for your summer vacation; lunch – Nora Parker and Karen Guernsey; Objective – Terry Fox donation

This is common practice at many fairs. We're hoping this change will make it easier to enter more categories. Especially in this tough, record drought year.

If you read your Milford Fair booklet, dropped into your mailbox this year, you'll also find some new categories you can enter. Please bring whatever you can. And don't forget the golden rules of success:

- ◆ check the category instructions in your Fair booklet
- ◆ pick the best quality example of produce you have
- ◆ make sure it is clean, without damage and displayed correctly
- ◆ look for consistency in size and colour.

We can help you with putting together your entries, particularly if you come in to the Shed the Friday night before the Fair.

Let's hope we are blessed with our traditionally good, Milford Fair weather for our 70th anniversary. Come and join in with this community celebration. We look forward to seeing you there, old faces and new!



Friday, September 30th Live music with Mark Reeves



The past two decades have seen Mark stream through a journey from busker to seasoned performer with masterful chops and the kind of mesmerizing stage presence that most artists never achieve in a lifetime. Turning heads because of youthful talent, he won a scholarship to Boston's Berklee College of Music at 19, paid his dues in the blues clubs, made a record with Los Lobos producer Keith Keller's at Keller's mansion in New Orleans, won a sackful of awards, and warmed up stages for everyone from Robert Cray and Blue Rodeo to Colin James and Jesse Winchester.

\$20 at the door. Dinner service available.

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Gossip!

*Personal Notices, Announcements
& Random Notes*

The Striped German Tomato Challenge



*The Contenders' Presentations:
Left, Mayor Quaiff
Right, Councillor Ferguson*



The judges panel: Taste test



The judges panel: Texture test

Stop at the Dump

Judith and Kenny report that new rules apply and a stop sign has been installed at the South Marysburgh landfill, this in response to them almost being hit by dump visitors. Please use caution and be courteous.

The Monthly of The County

A heads up that sometime in September or October *The South Marysburgh Mirror* will be featured on 93 FM "The Voice of the County". Listen for details.

Decoys They Ain't

Natalie Comeau's dad, Robert, occupied a table at a recent Milford Market to display some of his avian sculptures and to explain how they're created. The life-like appearance of the Blue Jay and Loon he exhibited



were striking in their accuracy and detail.

A Montrealer with an attractive, outgoing personality, Robert's work has been sold to collectors around the world at prices that are not for the faint of heart but which seem quite reasonable given the hundreds of hours that go into carving, detailing and painting them.



Hopefully he'll make a return visit and will show off more of his work.

May the Best Men Win

The 2016 Striped German Tomato Challenge is now a thing of the past. For those not in the know, the result was a draw according to Vicki Emlaw and her panel of judges. Mayor Quaiff and I split the four available points for colour, texture, taste and size.

Although not the decisive victory we were hoping for, Hospice Prince Edward will receive more than \$850 from my pledges, and the Picton Splash Pad fund will receive all the mayor's pledges.

Many thanks to everyone who supported this somewhat different fundraising activity to benefit two worthy charities.

Next year will be different!

Back Stories

Gottfried Boehringer & Stonemill Bakehouse



As anyone who has frequented the Milford Market for the last couple of years can tell you, Stonemill Bakehouse bread with its distinctive see-through sleeve packaging looks somewhat out of place amongst the more traditional homemade baked goods sold by Allison Hicks, Sandy Blackford and others. That said, Stonemill has as much a right to be at the market as the others because of its connection to

South Marysburgh and Prince Edward County.

The company, run by Gottfried Boehringer, is a family business originally started in 1904 in Germany by Gottfried's great grandfather, and owned by successive generations of the family thereafter. In the early 1970s it became one of the first certified organic bakeries in the world partly because it milled its own grain to produce flour.

Gottfried's father moved the family – and the bakery's mill stone - to Canada in 1984 and established the business in Unionville. Local organic grains were milled at the bakery until the volume became unmanageable, forcing it rely on outside producers and to move to its current location in Scarborough.

An avid sailor, Gottfried and his wife had been sailing regularly to Waupoos since the mid-1990s, staying a couple of nights then returning to their marina at Bluffers Park in Toronto. In 2002, on one such trip, Gottfried was struck by the fields of sunflowers growing adjacent to Waupoos Marina. An ingredient in some of the bakery's products, sunflower seeds was a product that the company had been importing from China because they could not locate a local source. The couple eventually bought a 100-acre farm in Waupoos adjacent to the marina, and the sunflowers.

As an environmentally forward-thinking company, and with the results of an environmental impact study Stonemill commissioned in 2007 to examine its environmental footprint, Stonemill realized that it could reduce about 150 tons of CO₂ emissions – and maintain quality control - by growing or sourcing its own grain locally rather than relying on ingredients coming from farther away, including sunflower seeds travelling from Asia.

(Continued on page 9)



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Hot Coffee, Hot Lunch, Hot Gossip!

Druella Acantha Malvina's Column

Gem for the month: Forbidden Fruit is responsible for many a bad jam.

Humorous Advertisements

- ◆ For sale: A quilted high chair that can be made into a table, potty chair, rocking horse, refrigerator, spring coat, size 8 and fur collar.
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A local minister was giving a sermon one Sunday about the righteous. He asked the congregation if anyone had seen a perfect person.

One man put up his hand. The minister asked the man to step forward, then asked, "You say you saw a perfect person?"

"Well, not really," the man replied. "But I heard of one."

"Who was that?" asked the minister

"My wife's first husband."

Finnegan: "My wife has a terrible habit of staying up 'til two o'clock in the morning. I can't break her of it.

Keenan: "What on earth is she doin' at that time?"

Finnegan: "Waitin' for me to come home."

A married couple went to the hospital to deliver their baby. The doctor said he had invented a new machine that would transfer some of the mother's labour pain to the father. They were both very much in favour of trying it.

The doctor set the knob at 10% for starters explaining that 10% was probably more pain than the father had ever experienced. But as labour progressed, the husband felt fine and said to increase the amount to the next level. The doctor set it at 20%. The husband was still fine. The doctor checked his blood pressure and pulse and was amazed at how well he was doing. At this they decided to try 50%.

The husband continued to feel well. Since it was obviously helping his wife considerably, he told the doctor to transfer all the pain to him. The wife delivered a healthy baby boy with virtually no pain. She and her husband were ecstatic.

When they got home, the mailman was dead on their porch.

A friend asked a gentleman how it is that he never married.

Replied the gentleman, "Well, I guess I just never met the right woman. I guess I've been looking for the perfect girl."

"Surely you have met at least one girl that you wanted to marry?"

"Yes, there was a girl once. I guess she was the one perfect girl. She was right in everything. I really think she was the perfect girl for me."

"Why didn't you marry her?" the friend asked.

"She was looking for the perfect man," he said.

Exit Line: You'll never plow a field by turning it over in your mind.

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Life In The Past

Nelson Hicks' Journals
September 1926

Transcribed by Sarah Moran Collier

September 1—School started. Wrex went Royden and I finished drawing grain.

Thu. 2—Royden plowed. I raked stubble Back. After dinner drew it in and that finished us all up

Fri. 3—Royden plowed on the Flats I cultivated the late potatoes

Sat. 4—Lloyd and Luise came down Kathleen came out with them.

Sun. 5— Rained most of the day

Mon. 6—Royden and I got up some machine wood

Tue. 7—First day of Picton Fair. Mirt Royden Wrex Floral and I all went Floral is starting to School at Picton taking up a Commercial course.

Wed. 8—Mirt Royden Wrex and I went over to Picton after milking for the evening. Lloyd and Luise were down to the Fair

Thu. 9—Rained most of the day making it bad for the last day of the Fair we didn't go over.

Fri. 10—After dinner Mirt and I went over to Picton Floral came with us.

Sat. 11—After milking Mirt and I went over to Picton Kathleen and Floral is staying at Henry McConal. We moved their things down from Mrs. Clapps. Conservatives had a meeting some good speeches I went for awhile

Sun. 12—Lloyd and Luise came down went over to Mrs. Hudgins. We went around to the Bay to church.

Mon. 13—Cultivated the Rye and Wheat ground having nice weather again now.

Tue. 14—Election day. John Hubbs Elected. with a big majority about. John Loney Mirt and I went over to Picton at night. Sowed my wheat and Rye.

Wed. 15—Another big rain to day making it bad for tomatoes

Thu. 16—Rained all day like to see it clear up and have dry weather.

Fri. 17—Royden and I helped Mirt can corn. After Dinner we got up a load of machine wood. Floral came home with Elmor Collier.

Sat. 18—I started to plow back. Royden went over to the Factory.

Mon. 20—Plow some back. Very wet.

Sat. 25—Thrashing machine moved down to Collin Hudgins at night. Mirt and I were over to Picton

Sun. 26—We all went around to church. Mr. Smart Preached.

Mon. 27—Collin thrashed I helped him get threw at noon moved up to Hiltons.

Tue. 28—Got threw at Hilton's thrashing about Ten O'clock moved up here and thrashed me out about 700 bushels.

Wed. 29—Mirt and I went over to Picton went to the show at night

Thu. 30—Lloyd and Luise came down in the after noon went trawling wind North East. Lloyd shot 5 Black ducks.

Sarah's Research Notes

Historical Information & Anecdotes
About Nelson Hicks' Journal Entries.

Nelson mentions an election on September 14th. This was a federal election. There had been one in 1925 but a second was made necessary within the year. When Nelson says he heard "some good speeches" at the conservative meeting this is not surprising. There was a lot for a campaigning politician to talk about. At the time, there was a constitutional crisis, a customs scandal and sovereignty questions around the role of Governor General in motion, all at once. A fascinating swirl of parliamentary maneuvering was going on. This was headlined as the "King Byng Thing" or sometimes as the "King Byng Wing Ding". You can read all about it on Wikipedia.

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(Stonemill Bakehouse, continued from page 6)

What has evolved over the years are relationships between Stonemill and local producers, including Don Hudson and Drew Harrison in Prince Edward County who between them grow all 450 tons of rye and spelt used by the bakery. “For me, it’s important to know where the grain’s coming from,” Gottfried explains, “I’ll trust the food more if I know its origin than if I don’t.” Unfortunately, there is no infrastructure to process local grains so the rye and spelt are sent to a Stonemill-authorized mill in Brantford.

Gottfried views his role and the bakery’s as that of a catalyst to encourage a relationship between the farmer who grows local grain and the consumer who buys the bread it is made from. As he says, “If you don’t start somewhere, you don’t go anywhere. People don’t understand the hard work and heartache that goes into growing grain,” a fact made clear with the drought this summer.

Due to the constant demand of large, national or international bakeries for wheat, oats and barley Gottfried is concerned about the risk of losing heritage specialty grain producers and their crops.

Believing there’s a market for heritage grains, Stonemill works with smaller producers including, this year, farmers in Dundas County that resulted in four new Stonemill products using Ontario heritage grains. “Forty acres of a specialty crop will yield a return; forty acres of wheat won’t. Maybe by doing what we’re doing, we can resurrect something or keep it from dying altogether.”

The Stonemill Bakehouse product line is available throughout Ontario including at Sobeys, Longos, Costco and Metro. The local distribution network is serviced by Gottfried himself when he comes to the County (“If I’m not here, there’s no bread,” he says with a grin) and includes Daphne Creasy’s table at the Milford Market until Thanksgiving, and the Waupoos Pub

Book Study at St. Philip's

How should we as individuals respond to the changes in climate, biodiversity, oceans and other environmental aspects that are now occurring with increasing frequency? What are our obligations to other people and to future generations?

These and related questions will be explored during six weekly discussions based on the now famous *Laudato Si*, a 2015 encyclical by Pope Francis that has achieved strong response among politicians and people worldwide.

The series will take place at St. Philip's Church in Milford, starting on Sunday, September 25 at 6:30 pm.

Interested individuals are invited to contact 613-476-3712 or email pbwalker@xplornet.ca for more information.



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11 Down, 27 to Go"

APPEC Report on the Remedy Hearing for the White Pines Wind Project—September 1, 2016

By Paula Peel

The Environmental Review Tribunal continues to make life difficult for APPEC. On August 24 the Tribunal issued an Order with a schedule that gave us only two days to submit our list of witnesses and eight days to submit our Witness Statements.

In the same Order, the Tribunal ruled against a motion from our legal counsel Eric Gillespie for an oral hearing in the County. In the Tribunals' point of view evidence in writing will result in less delay in completing the proceeding and will provide the best evidence to allow the Tribunal to fulfill its statutory mandate. The Tribunal also considers that evidence in writing is fair to all the Parties, though it has yet to explain how that can be possible when its own rules provide for Hearings to take place as close as possible to the site that is the subject of the proceeding.

However, the Tribunal did agree with APPEC that wpd should provide the proposed wording for its amendments to the REA.

APPEC still has a number of outstanding motions for the Tribunal to consider. We continue to rely on our talented legal team to defend our position that there is no adequate remedy when a wind project is in a bad location.

Speaking of bad locations, the American Bird Conservancy says in a recent Press Release that wind energy development does not belong along the Great Lakes shorelines. According to the Conservancy high numbers of birds are migrating along the coastal shorelines at altitudes that place them directly in the line of collision with wind turbines. At present they advise a 5 mile (8 kilometre) setback from the shoreline but say that the setback may need to be increased based on recently-published radar studies of migratory bird activity in the Great Lakes basin.

Fourteen of the turbines in the White Pines Wind Project are two kilometres or less from the shoreline with one turbine only 400 metres away.

Ontario Nature, Nature Canada and the Canadian Wildlife Federation are some of the organizations that have spoken out against the White Pines Wind Project.

We depend on donations to the South Shore Appeal Fund for our legal appeal to stop the wpd White Pines Wind Project from going ahead. For instructions on how to give a donation please visit our website at www.appec.ca



The Public House at Jackson's Falls will be the canvas for an unforgettable feast as we welcome celebrity chef Rene Rodriguez of Navarra Restaurant in Ottawa.



Monday, September 26 at 6:00 p.m.

Enjoy a delectable seven-course tasting menu featuring artfully prepared cuisine inspired by the seasonal bounty of our local terroir.

Course 1: Hot smoked trout with pickled sunchokes and grated apple

Course 2: Parsnip bisque with cocoa nip & duck confit

Course 3: Beef tartare with chives, crostini and Serrano ham leather

Course 4: Early harvest local greens with lemon, oven dried beets & black olive 'soil'

Course 5: Confit pig cheek with PEC baby vegetables, almond milk & celery root

Course 6: Local cheeses, house made bread and pear-coriander marmalade

Course 7: Almond oil cake with warm sherry cream & local berries

Cocktail reception 6:00 p.m., Dinner at 6:30 p.m.

\$175 per person (add wines paired per course for \$50) Reservations required and advance purchase is encouraged by calling 613.476.8576 or online at www.opentable.com. Taxes and gratuities not included.

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*Read The Mirror on-line and in colour at
www.southmarysburghmirror.com*

Fire Towers

By George Underhill

There was an article in the paper not long ago about occupations that would, in future, become non-existent due to technological advances. I spent one summer working in an occupation that would have qualified twenty years ago because it no longer exists. I reference fire towers. In a tinder dry summer like we have experienced this year, fire towers were a necessity.

These structures were usually about 100 to 110 feet high and were erected on one of the highest points of land where vision was unobstructed for miles. There was a little windowed cabin on the top in which a person would sit after climbing the ladder to it. From the little cabin, he could scan the horizon for smoke. It had a large brass ring with the directions etched upon it and he would sight the smoke and radio the angles to the fire headquarters. Another fire tower could also sight the smoke, and triangulation could locate the fire.

It was a lonely and solitary job, without human contact for weeks at a time other than scheduled radio communication so the bosses could make sure the guys were alive and semi-alert. It takes a special kind of person to find satisfaction in this job, and the towers were manned by strange fellows indeed.

I had a job one summer, with another student, putting lightning rods on the fire towers in New Brunswick. You can imagine that a metal structure, rising a hundred feet in the air on the highest point of land around, would attract lightning bolts. There was one man who thought climbing to the cabin when a storm approached was a safe place to be. Not surprisingly, lightning hit the tower. The bolt hit the antenna, blew up the radio, jumped to the brass ring, ran up the guys arm, blew his hat into pieces and affected his brain for several weeks. That's when the government decided to equip the towers with lightning rods. I must add that when the fire watcher returned to his job, he would leave the vicinity of the tower on a run whenever he saw a dark cloud on the horizon.

When we appeared on site to install lightning rods, we were welcomed because we were company... someone to talk to for a few days, and good grief the fire watchers could talk and talk and talk. I was on the tiny roof of a cabin installing a lightning rod and the man never ceased his soliloquy through the hatch. "Are you married? I guess not, you're too young. I was married when I was eighteen, and if I had it to do over again I'd get married at the same age....Not to the same woman mind you. No." I suspect his mate felt much the same way.

At one tower it was necessary to re-supply by helicopter without touching down because the man was so desperate for human contact he would cling to the helicopter skids so they couldn't take off. The crew was reduced to hovering several feet off the ground and pushing the supplies out the door so they could leave.

On one occasion, a watcher saw smoke and sent in the co-ordinates. A second tower, alerted, also saw the smoke and sent a radio message specifying his co-ordinates. Where the two intersected was the location of a third tower. HQ desperately called the location of the third tower several times before the operator awoke. He had been smoking, tossed his cigarette out the window, and had a nap. The cigarette set fire to the tall grass that had been cleared under the tower. "My God! I'm on fire," cried the man. He was shortly relieved of his occupation as a fire spotter.

Now, of course, fire towers are either torn down or unused. Aircraft or satellites perform the function much more efficiently. But I can say that I once worked in an occupation that is now non-existent. It's completely obsolete, much like me I guess.



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It takes all of us to change the face of Lyme Disease

By Dr. Anne Uings

The Ontario Health Minister, Dr. Eric Hoskins, has recently announced a 10-step Education and Awareness Plan to combat Lyme Disease. The plan includes a review and update of existing public awareness materials and guidance documents, including a review of testing, diagnosis and treatment protocols based on the latest evidence in science, prevention, and tick surveillance protocols - basically the entire spectrum of what we need to do to develop a renewed strategy in this province – a comprehensive one which will effectively deal with this serious problem.

It has taken several years of ‘consultations’ to get to this point and, no doubt, it will take many more years before the objectives are realized and implemented. During this time the public will continue to be uninformed and at risk from what is the fastest growing Vector-Borne Infectious disease in North America. Bigger than AIDS, West Nile and the Zika virus combined. Health Canada still calls Lyme an “emerging illness”, as if it has just arrived! In fact, it has been endemic here since the early 1980’s.

Lyme Disease is a public health crisis both here and abroad. Since Lyme Disease has only been a reportable disease in Canada since 2009, and the majority of health professionals still believe that there is very low risk here, that the blood tests are 100% accurate and 2 weeks of antibiotics cures all stages of infection, the majority of cases of Lyme Disease go undiagnosed, untreated and unreported. It is no wonder the statistics are so flawed.

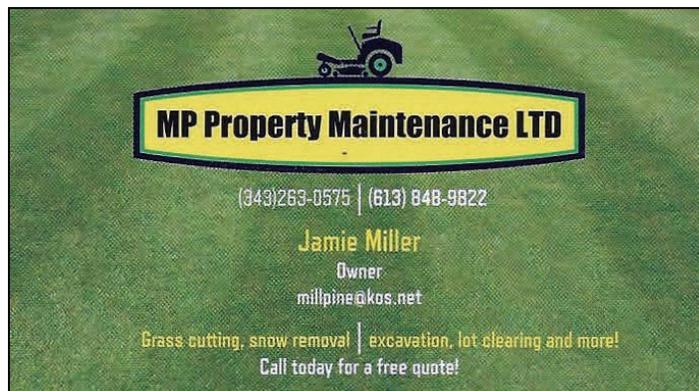
The Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia estimates that in the USA, the actual cases of Lyme are **AT LEAST** 10 times those that are actually reported.

- ⇒ Fewer than 50% of patients with Lyme Disease recall having a rash of any kind.
- ⇒ Fewer than 50% of patients with Lyme Disease recall being bitten by a tick.
- ⇒ 31% of ticks in Prince Edward County are infected with Lyme (2016). This is up from 16% in 2013. Testing of ticks in The County has now stopped, so who knows how many will be infected in another three years. In some areas of Canada and the US, up to 60% of the ticks are infected. One Veterinarian’s office in Brockville has had 80 cases of Lyme up to July of this year alone.
- ⇒ Blood tests for Lyme are unreliable. The ELISA test for Lyme has up to 50% false negatives and has very limited value in the first 4-6 weeks after infection. One US state has recently passed legislation forcing doctors to tell patients that a negative ELISA test does not mean they aren’t infected.

Just so you know... The moon moves about two inches away from the Earth each year.

The Earth gets 100 tons heavier every day due to falling space dust.

Due to earth’s gravity it is impossible for mountains to be higher than 15,000 meters.



- ⇒ Short term treatment courses have resulted in upwards of a 40% relapse rate, especially if treatment is delayed. There has never been a study demonstrating that 30 days of antibiotics cures Chronic Lyme Disease. However there is much documentation that short courses of antibiotic treatment fails to eradicate the bacteria.
- ⇒ 40% of people with Lyme Disease end up with long term health problems and can take many years to be diagnosed...if ever.
- ⇒ The IDSA guidelines for diagnosis and treatment of Lyme Disease, which are so strictly followed by CDC/ Canada, were REMOVED from the US Federal Dept. of Health in Feb. 2016 for being out of date and not conforming to the US Institute of Medicines requirements for clinical guidelines. They have been replaced, at a Federal level, by the ILADS (2014) Lyme Disease guidelines – evidence based and peer reviewed. These are the guidelines that have enabled Canadians fortunate enough to get to a Lyme Physician in the USA, to be properly diagnosed and treated.

Virtually all Canadian doctors are unaware that the outdated IDSA guidelines that they have been force-fed for years have been discounted and are no longer “approved” as good practice.

So.....please be aware of the facts and know that if you get told that there is no Lyme Disease in Canada, or you can’t have Lyme without a Bulls-Eye rash, or the blood tests are conclusive, or “symptoms persisting after 2-3 weeks of antibiotics for Lyme can’t possibly still be due to infection”....**YOU ARE BEING MIS-INFORMED.**

PREVENTION OF TICK BITES IS CRUCIAL.....BE LYME AWARE AND PROTECT YOURSELVES AND YOUR CHILDREN. Adult ticks are most active in the fall and will not be killed off during the winter, no matter how cold it gets. Make sure you know how to remove ticks safely. Go to www.canlyme.com for details.

The Prince Edward Point National Wildlife Area Management Plan

By Sam Lanfranco

I attended the Information Session on the Prince Edward Point National Wildlife Area Management Plan, put on by Environment and Climate Change Canada (E&CC). There were about 40 people in attendance including several Long Point fisherpeople, a woman from the Mohawks of the Bay of Quinte First Nation, and our municipal Councillor Steve Ferguson. I have a copy of the proposed management plan and will deposit it at the Mariners' Museum. What follows are my views of the way forward. Feel free to comment back, and feel free to share with all and sundry.

These extensive comments are my impressions of the meeting, plus **strong suggestions** as to the role that we, as Museum supporters, and the role the rest of the Prince Edward County stakeholders should play, in the refinement of the plan, and – more importantly – in the implementation of any plan adopted.

The meeting was a classic and mainly inappropriate “presentation and consultation” exercise whereby E&CC presented the plan, listened to feedback, and urged everyone to submit comments within the 60-day comment period after which E&CC will post the revised draft to its website sometime in the Fall. That is not good enough.

This is the first point I would make. From the beginning it was clear that E&CC sees no role for the continued existence of a viable fishery out of the harbor at Long Point, and fails to see both the importance of that fishery to the County and the fishing community. It also fails to see the fishery as an asset to the good management of the Wildlife Area. E&CC's overall position is that there will be no commercial activity on National Wildlife Area lands. This is a failure on the part of E&CC to understand the Long Point fishery in its local context, ignores the fact that the harbor is not under their jurisdiction, and fails to see the benefits to the Wildlife Area of fishing activity at the harbor.

E&CC needs to be brought to understand that the fishery has been there for 200 years, that it should remain, and that it is in fact an asset to the objectives of a well-managed Wildlife Area. Just in terms of monitoring the area, E&CC visits 2-3 times a year whereas the fishery people are there on a regular basis. Evidence was presented, in terms of contractors cutting access fences to spray for invasive weeds, and not closing the fences. This is well known by the fishing community and local residents. It was unknown to the Wildlife Area management team.

The bigger problem here has to do with the E&CC process itself. They think that a couple of town hall consultations, meetings with some significant stakeholders, a 60-day online comment period, and some tweaking of the plan will produce a management plan they can go ahead and independently implement.

What the vested interest stakeholders in the County have to do is **start now with engaging the E&CC people** and making it clear that E&CC will have to work up a management plan that is suited to the context of Long Point, the Wildlife Area and the entire South Shore of Prince Edward County. This is particularly important given that those lands are owned by the Provincial and Federal Governments, as well as private landholders. Starting now will make it clear that E&CC will have to deal with vested interests in the county as legitimate stakeholders in both the development of the management plan, and in the implementation of the plan over its lifetime. Anything less is simply not on the table. This needs to be communicated to them now, and communicated by each stakeholder constituency.

I would go so far as to say that what should be considered is a several step process in which:

- ◆ First, the various stakeholders are formally identified. That goes well beyond “collaborations” and “partners” listed on page 46 of the draft management plan, many of which are not integrally involved in the management plan (for example university research interests). It would produce a stakeholders group, with identified representatives, responsible for collaboration with E&CC on plan development and implementation.
- ◆ Second, I would suggest that the stakeholder group, in collaboration with E&CC, draft a “Working Charter”, a sort of MOU outlining how the stakeholders and E&CC will work together on the development of the management plan, and how that collaboration will remain engaged in plan implementation over the life of the plan, and in the development of subsequent plans.
- ◆ Third, this coalition of the E&CC and the stakeholder group would remain active over the life of the plan and develop processes for continued consultation with the wider community as issues arise, and be committed to transparency and accountability with respect to its actions.
- ◆ Lastly, the E&CC website for the Prince Edward Point National Wildlife Area be more than a “brochure” website and would contain content about current and planned developments within the management plan, and contain facilities for ongoing feedback to both E&CC and the stakeholder group.

Any less than this would leave Prince Edward County, South Marysburgh and the South Marysburgh south shore, Long Point and the fishing community with an autonomous E&CC plan development and implementation strategy, and E&CC offering “legitimization” by saying it consulted with local interests.

As those at the meeting with the E&CC will confirm, Ottawa barely understands the local context on which this particular National Wildlife Area exists. It could be a win-win for all concerned if Prince Edward County helped bring this particular Federal land use planning exercise into the 21st Century and use a multistakeholder process for plan development and for the monitoring of plan implementation. Anything less is not good enough.

*Read The Mirror on-line and in colour at
www.southmarysburghmirror.com*



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...to the residents of Milford, South Marysburgh and Prince Edward County for once again being stellar hosts of The 2016 Prince Edward County Country Jamboree at the Milford Fairgrounds. Our appreciation goes out to our Sponsors, the South Marysburgh Recreation Committee, The Management Board, Leon McConnell, Bruce Dowdell, Peter & Buffy Blundell and Steve Ferguson for their continued support. As residents of Milford it gives us a great deal of pride to bring such a wonderful event - full of talent - to our town.

Sincerely,
Greg & Shane, MillPond Music & Entertainment

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The 2016 Milford Fair Volunteers & Food Contributions Needed

The Milford Fair food booth needs volunteers to serve pie and sandwiches on September 17th. If you can spare a couple of hours to help out it would be greatly appreciated.

We need donations of pies and sandwiches for Fair Day.

Please call Candace at 613.403.4288 to discuss contributions and volunteering at the food booth. Food can be dropped off to Candace the night before or at the food booth the morning of the Fair. Give her a call - she would love to hear from you!

We're looking forward to seeing everyone at the 2016 Milford Fair and celebrating 70 years of old-fashioned fun!



Todd Smith, MPP

Prince Edward - Hastings
Unit #3 - 81 Millennium Parkway, P.O. Box 575
Belleville, Ontario K8N 5B2
Telephone: 613.962.1144
Toll Free: 877.536.6248
Fax: 613.969.6381





The Assembly Of Gentlemen

Like council, the AoG has been meeting less regularly during the summer months partly due to vacation schedules and partly due to the excessive heat that has rendered their outdoor meetings at Live Laugh Eat virtually intolerable.

That does not mean that the group's agenda of activities is not being worked through or added to. According to an AoG spokesperson, next month's Mirror will contain a status report of projects in the works to keep the public informed and to avoid any inconvenience as they travel about the ward.

Despite its reduced schedule a new item has been added to the agenda because of the recent jamboree in Milford.

At last week's meeting conversation was focussed on the musical activity that takes place annually in South Marysburgh, and how to encourage more of that activity to solidify South Marysburgh's reputation as the musical capital of Prince Edward County.

"I know we've got Mt. Tabor and its 124 seats, and I know the Hayloft can pack 'em in," stated one member, "but we need something different to accommodate crowds of any size."

"Bums in seats is obviously important," opined another member, "but so are amenities like food and parking, and facilities for the disabled and for children." The gentleman generally regarded as the elder statesman for the group made the observation that further development of the idea would be a good idea at the earliest convenience.

"Listening to you guys has given me food for thought," he said, "and what I think we need is an amphitheatre. Not one of those things like Molson built on the lakeshore in Toronto but more of a Greco-Roman structure made of limestone of which we seem to have abundance."

The members' bums in their seats seemed to visibly twitch with enthusiasm at the prospect of such an edifice in which any and all local and touring musicians could perform.

"Ya know, it'd be a lot of work – hauling rocks and all – but it'd be perfect for all the musical genres in the ward," said a member. "Imagine, the classical musicians of Music at Port Milford, the bluegrass camp musicians, and now the jamboree folks, all using the same facility created specifically to transmit sound without amplification."

The member generally regarded as 'not the sharpest knife in the drawer' seemed confused by the historical attribution. "I'm not sure about what Gecko-Roman is. Doesn't that have something to do with lizards and a ship?"

After explaining to him that the attribution was to Greek and Roman architecture and not lizards or the Stephen B. Roman freighter that plies the Great Lakes, the group adjourned and will discuss the undertaking of a feasibility study at a future meeting.

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Harvest Festival

Vicki's Veggies hosted its annual Harvest Festival and Tomato Tasting over a beautiful Labour Day weekend. Hundreds of visitors partook of local fare and products, not to mention a few tomatoes!



Copy & Advertising Deadline for the October Edition of The Mirror is September 25th

2016 Milford Fall Fair Schedule

Saturday, September 17

<i>Time</i>	<i>Event</i>	<i>Location</i>
8:00—10:00 a.m.	Pancake Breakfast	Bredin Hall at the Fair Grounds
10:00 a.m.	Grounds Open / Judging Begins <i>(Closed to the public)</i>	The Shed
10:00—11:00 a.m.	Parade Assembles	Old South Marysburgh School
11:00 a.m.	Parade Begins	Through Milford to the Fair Grounds
11:30 a.m.	Displays Open to the Public	Shed
11:45 a.m.	Opening Ceremonies	Stage
12:00 noon	Citizenship Awards	Stage
12:30 p.m.	Grampa's Goodtime Gang	West Side of the Shed
	Children's Bird Feeder assembly	West Side of the Shed
	Pumpkin Painting	West Side of the Shed
	Fish Pond	West Side of the Shed
	Face Painting	West Side of the Shed
	Petting Zoo	West Side of the Shed
1:00 p.m.	Dog Show	West Side of the Shed
	Dunk Tank	NE Corner of the Ball Diamond
	Folk Chuck Games	Ball Diamond
	Musical Entertainment to 3:15 featuring 70 Something, Dave & Lenore Bongard, Dick & Jane Babcock, Becky Elliot	Stage
2:00 p.m.	Bingo	Bredin Hall
	Parade Winners Posted	Gazebo
	Kid's Games & Races	East of the Ball Diamond
	Tractor Pull	N.E. Field across the road
2:30 p.m.	Log Sawing / Nail Driving	East Side of the Fair Grounds
3:15 p.m.	Lucky Draw Prize Wagon	Stage
4:00 p.m.	Canoe Race	Mill Pond at the Bridge

The *South Marysburgh* Mirror

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