



The South Marysburgh Soap Box Derby

Part of The Tri-Ward 'Circuit'



The weather could not have been more perfect for the inaugural edition of the South Marysburgh Soap Box Derby organized by the Recreation Board and held on July 14th. With the assistance of Nick Nowitzki and the Ameliasburgh Recreation Committee - that has run its own derby for many years - the event drew 41 registrants to St. Phillip's Street to compete against each other for the best time.

South Marysburgh can now join Ameliasburgh and Bloomfield Hollowell wards and form the Tri-Ward Soap Box Derby Circuit.

Special thanks to Helen Ward and the many volunteers who made the event such a success!

For the Birds

PEPtBO's Contest Takes Flight

By JC Sulzenko

At the end of Long Point Road, the season is heating up in more ways than one for the Prince Edward Point Bird Observatory (PEPtBO).

With its mandate to monitor and report on bird migration along the South Shore and to act as official caretaker of the South Shore Important Bird and Biodiversity Area (IBA), last April PEPtBO published the second, annual *Nature Matters!* Calendar of Events focussed on appreciating and protecting the natural world. For the booklet online, go to: www.peptbo.ca

Many fine excursions and occasions later, events listed in *Nature Matters!* for August include: The South Shore Stroll (Aug. 4 and 5), Music at Port Milford (Aug. 5), and a Flying Nature Hike (Aug. 13.)

"There's also something completely different in this year's calendar that will keep a spotlight on the rich bird life in the County even over the winter: a poetry contest and book!" local poet and PEPtBO Board Member, JC Sulzenko explains. "In line with the *Nature Matters!* theme of celebrating the natural world, we seek poetry from poets living in or visiting the County for a virtual chapbook to be published on PEPtBO's website early in 2019."

The call in *Nature Matters!* asks for poems that "soar like an Eagle, hover like a Hummingbird, sing like a Canada Warbler, or hoot like a Barred Owl!" For details on how to enter the contest, go to: www.peptbo.ca

"I am delighted to serve as contest judge and chapbook editor for the project which is open to poems of any form (free verse, rhyme, experimental) about birds native to or migrating through PEC." The book will feature photographs by local enthusiasts to complement chosen poems.

Original and previously unpublished poems written in English and within the bounds of public discourse are welcome but should have no more than 30 lines per poem, including stanza breaks.

"There will be a book prize for the winning poem in each category (poets ages 9-16 and adults), and we plan to launch the book in a way that showcases the contributions of poets and photographers.

"It's never too early to send in your work. I'd love to be swamped with fine submissions." Up to three poems (serious or funny) can be entered into the contest which closes on October 31."

The Bird Observatory opens the fall banding season on August 22, with bird banding from dawn until noon daily unless it's raining or too windy. Anyone interested in volunteering at the observatory, please contact info@peptbo.ca. (Migration Matters programs in September and October also appear in *Nature Matters!*)

*On September 15th
Come Celebrate our Rural Roots!*

MILFORD FAIR NEWS

Plans are well underway for this year's Milford Fair on Saturday, September 15th, and there are a number of new and exciting features:

- A new exhibit class for antique farm equipment and tractors (pre-1946) open to all South Marysburgh residents. Take a look in your barn and see what you have to enter. For information, contact Bill Cowan at 613 476-6065.
- This year, admission to the fair (\$5.00 for adults, kids free) will be by wristband. Your wristband will have a number which you can submit for a draw for a \$100.00 bill, which will take place at 2:00 p.m.

As always, we're eager to welcome new volunteers to the Fair. If you'd like to help, contact Valencia Logan at 613 813-9977.

The Food Booth welcomes donations of sandwiches and pies for Fair Day. For information, call Candace Keays at 613 403-4288.

And don't forget the parade! All ages are welcome to participate. For information, contact Larry MacDonald at 613 476-0250.

In a couple of weeks, all South Marysburgh residents will be getting a copy of the Milford Fair Booklet, in which you'll find details on all the events, exhibits and activities.

See you at the fair!

**Copy & Advertising Deadline for the
September Edition of The Mirror
is August 24th**

www.southmarysburghmirror.com

**Good Eats with
Ruth Gangbar**



Blueberry Jamming

Bold lessons get learned about shortcuts (there are none) with both jam and writing. So with blueberries in such vibrant abundance right now, I've been busy jamming. Who knew that my Mom and brother would claim shares so much faster than for the Rhubarb Chutney.

Batch 1: "Crockpot Blueberry Jam". A double batched flop. Twelve whole hours in a crockpot (!!!) and with all my patience spent, Blueberry Sauce it is. I did love the shortcut of sterilizing jars by microwaving them with a little water in the bottom until boiling.

Batch 2: This new blueberry jam recipe is a success and a new favourite. Thankfully there are still berry farms in Waupoos for buying or picking. This jam recipe is from "Perfect Preserves" by Nora Carey, who never disappoints. I even scraped the pot clean with good toasted bread, to eat with a little cheese.

True Blueberry Jam (Makes 1-1/2 quarts)

Choose berries that are "just ripe" for this one, and know that the results can be a little runny (but nobody will complain about it spooned over ice-cream this Winter). If you don't have an instant-read thermometer, consider getting one so you can easily measure when the jelling point is achieved at about 217-222 degrees F.

3 pounds blueberries, rinsed

4 cups sugar

1 teaspoon freshly grated lemon zest

2 tablespoons fresh lemon juice

In a preserving pan cook the berries over high heat, stirring constantly with a wooden spoon and crushing them with the back of the spoon (or a potato masher), for 5 minutes. The water left from rinsing them will be enough to prevent them from scorching.

Add the sugar, zest, and lemon juice and cook the mixture over low heat, stirring, until the sugar is dissolved. Increase the heat to moderate and boil the jam, skimming frequently (and stirring occasionally), for 15 minutes, or until jelling point is reached.

Remove the preserving pan from the heat and let the jam stand for 10 minutes. Ladle the jam into warm sterilized jars and seal.

If any of you have favourite ways with good old crockpots you'd like to share with me, send them along to ruth@ruthgangbar.com I'd be curious, as I've broken up with mine, unless it's pulled pork which it does extremely well.

The *South Marysburgh* Mirror

August 2018 Volume 32 Number 7

Published monthly by Steve Ferguson, 3032 County Road 10, PO Box 64, Milford, ON K0K 2P0

T: 613.827.7174 E: themirror@kos.net W: www.southmarysburghmirror.com

ISSN Number 1181-6333 (Print Edition) ISSN Number 2292-5708 (Online Edition)

The South Marysburgh Recreation Board

The Marysburgh Mummers
The Milford Fair Board

Meetings, Events, Announcements

Fair Board Meeting

Milford Town Hall
Wednesday, August 8, 7:00 p.m.

The Mummers' Drama Camp

Presents *The Little Mermaid*
Friday & Saturday, August 24 & 25 at 6:30 p.m.
Sunday, August 26 at 2:00 p.m.
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Milford Library Branch Check It Out

By Leah Garfield-Wright

Hello everyone! Aaron here, your librarian by day and jazz guitarist by night. Recently I've been at the Milford Branch inventorying our Musical Instrument Lending Library (MILL). How does the MILL work? It's simple. MILL members may borrow one instrument at a time, for six weeks at a time. The membership fee of \$10 (for a two-year term) supports the program, going toward instrument maintenance and repair (e.g. replacing guitar strings or rehairing violin bows). After inventory, we can say for sure that the Library now has hundreds of items in the MILL catalogue, many of which were donated by supporters. (Browse the catalogue of instruments online by clicking the search button at peclibrary.org/mill/.) We have a generous selection of ever-popular instruments, such as guitars and violins, in all sizes for all ages. But we also have specialty instruments, audio equipment, sheet music, instructional material, and musical curiosa.

Have you heard, for example, of the English Concertina? Invented in nineteenth-century England—around the time that Dickens published *The Pickwick Papers*—it's a free-reed instrument that looks like a miniature hexagonal accordion. The English concertina eventually became a staple of the Victorian music-hall, which, according to Charles Dickens Junior, also featured "performing animals, winners of walking matches, successful scullers, shipwrecked sailors, swimmers of the Channel, conjurers, ventriloquists, tight-rope dancers, campanologists, clog-dancers, sword-swallowers, velocipedists, champion skaters, imitators, marionettes, decanter equilibrists ..." (See Dickens's *Dictionary of London* for more.) Come to the Library to try out this piece of musical history, and maybe to take it home with your MILL membership (so to reintroduce it to the world!). Or is a mountain dulcimer of more interest? Anecdotal history traces this descendant of the zither to Scots-Irish immigrants living in the Appalachian Mountains. Our loanable dulcimer has four strings, a diatonic (rather than chromatic) fretboard, and a bright sitar-like tone. It's traditionally played on the lap, over the knees.

If you're not sure which instrument is right for you, come talk to us at the Milford Branch. I'm often at the Library circulation desk, and there are also knowledgeable MILL volunteers at the Branch on Saturday mornings, to answer questions and to help patrons make informed choices. It's not always easy to decide on an instrument, after all. But one of the great things about the MILL is that you can "try before you buy." Borrow a ukulele, say, and if it isn't to your liking, return it and borrow an electric keyboard or a bongo cajon (or an English concertina alongside a Dickens novel).

Don't forget that the County of Prince Edward Public Library's branches are also hotspots of musical programming. Wellington has a ukulele group that meets on alternate Wednesdays. Picton has an all-welcome "Song Circle" every Friday. And one-off events and workshops are regularly featured. (Check the online calendar at peclibrary.org/events for up-to-date info.) Are you interested in organizing a regular musical program at the Milford Branch, maybe a drop-in jam or a drum circle? Do let us know—we'd love to help!

Coming Up At The Library

Milford Free Book Club Meeting

Thursday, August 16, 10:30 a.m. to 12 p.m. "Life On The Ground Floor : Letters from the Edge of Emergency Medicine" by James Maskalyk

Regular Events at the Library:


Knit & Chat

Every Tuesday, 10 a.m. to 12 p.m. All are welcome. Feel free to bring any textile or fiber arts (embroidery, quilting, etc.).

Music in Milford

Every Saturday, 10 a.m. to 12 p.m. Join volunteers to learn more about the instruments in the Musical Instrument Lending Library, and meet other music-minded people.

Come in and check out our August specials. Mums and fall planters will be available mid-month.



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ST. PHILIP'S ANGLICAN CHURCH 2018 CALENDAR OF EVENTS

Saturday, September 29	Yard & Rummage Sale
Saturday, November 10	Christmas Tea & Bake Sale

Gossip!

*Personal Notices, Announcements
& Random Notes*

George

George Underhill's submissions to *The Mirror*, in which he casts a critical observational eye at ... well ... just about anything and everything, have always been received at the beginning of each month. The lack of a piece for this August issue led to inquiries and the news that he had been in hospital but is now recovering at home.

Best wishes, George, for a speedy recovery!

Donations Needed

The Friends of the Ann Farwell Library welcome donations for the upcoming book sale at the Milford Fair on September 6, 2018. We would very much appreciate donations of good-quality used books, but cannot accept textbooks, encyclopaedias or magazines. Books can be dropped off at the Milford library. If that's not convenient, please phone the library (613 476-4130) to arrange for the books to be picked up.

Thank You

The PECM Hospital Auxiliary canners would like to thank everyone in the community who donated jam jars for the preserve sale at the upcoming Festival of Trees.

Each jar they recycle means more money going directly to our Picton hospital for the purchase of much-needed equipment. Thanks once again, and see you at the Festival of Trees (November 23-25, 2018 at Isaiah Tubbs Resort).

South Bay U.C.W. and Milford Friendship Circle Upcoming Meetings & Events

Ladies please note that both Friendship Circle and U.C.W. will not be having meetings in July and August.

Thank You...

Our County Sustainability Group would like to sincerely thank all the supporters of our PECE Student Environmental Bursary in memory of Fred Holtz. You helped make our 8th annual Rain Barrel fundraiser on May 26th a success once again.

This is the 10th year for our PECE Student bursary and we will be selling rain barrels & composters again next year on the last Saturday in May. All proceeds in 2019 will go towards this bursary and a new award we are creating to help support young local farmers practicing organic & sustainable farming methods. We have a few rain barrels, a composter & some accessories still available now for those who missed out on our event last month or who would like to purchase another, on a first come-first served basis. Please call 613.476.8016 or 613.476.7294.

Thanks very much, Don Ross, Milford

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As was stated in its report last month, on occasion members of the public attend the AoG's deliberations and make contributions to the discussions, observant of the guidelines under which meetings are held. In attendance at a late July meeting was a member of The Arrow Recovery Project team who had been staying in the guest suite at *Live Laugh Eat* where the AoG congregate each morning. Owing to confidentiality concerns, "Bob" would only speak in generalities about the project.

"What we're looking for are the Avro Arrow models that were launched with booster rockets from Point Petre between 1955-57. They were used to test the flight design before the CF-105 Arrow was produced a few years later."

Rumours that the Arrow models were still in the lake had been circulating for years, and there had been previous discussion at the AoG about their fate.

"That's interesting "Bob", but a fella I know, heard from a friend of his wife's whose brother-in-law was working around Point Petre back then, that a few of the models had been recovered," stated a long standing resident AoG member.

"I heard the same sort of thing," said another member. "After all the military people left back then, some guys went out on a fishing boat and fished some of 'em out of the water."

Smiling knowingly, "Bob" continued. "These were big models, about three metres long with a two metre wingspan; and heavy. We don't think any of them have been recovered yet."



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"Well, you just can't be sure about rumours in The County. Everybody knows everything," replied the member, "Someone sneezes in Ameliasburgh and they're saying "Bless you" in North Marysburgh."

The member who is clearly not the sharpest knife in the drawer speculated that "it'd have to be a big boat to get them out of the water. But I heard about this too. I think one of those things is in someone's basement hanging over their bar in their rec room. On chains. From the ceiling."

The long standing member nodded in agreement, "I have heard that story. They said it took four or five guys to get it down the basement stairs and hold it over their heads until the chains could be attached. Had to keep quiet while they did it because his wife would go nutty."


In attendance at this particular meeting were the bespectacled litigator, and the member who had earned several degrees who stated, "I hope those gentlemen considered engineering load factors before hanging the model."

"And I have concerns about ownership issues. The models would have been the property of the government," stated the litigator.

Another member who had been observing and listening to the conversation then joined in. "A couple of things to consider, although I'm no expert on marine law. If the models were abandoned by the military, and they're in South Marysburgh's territorial waters, and some people go get 'em, isn't it 'finders keepers?" he asked rhetorically.

As the time was approaching for adjournment, "Bob" told the group, "When the Canadian jet fighter program was abruptly cancelled in 1959, over 30,000 people lost their jobs and all Avro Arrow-related material was ordered destroyed, including six completed jet fighters. All that remains are the free flight test models at the bottom of Lake Ontario."

"And the one that's a ceiling ornament in someone's basement," concluded the 'dull' member.



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Druella Acantha Malvina's Column

Gem for the month: More people get run down by gossip than by cars.

- Corduroy pillow: They're making headlines
- Why be difficult when with a bit of effort, you can be impossible.
- All I want is less to do, more time to do it, and higher pay for not getting it done.
- Ask me about my vow of silence.
- Grow your own dope. Plant a man.
- My karma ran over your dogma.
- A fool and his money are a girl's best friend.
- If ignorance is bliss, then tourists are in a constant state of euphoria.

This guy is sitting in a bar getting really drunk. The bar is on the top floor of a hotel. After a while, he goes to the window, opens it and throws himself out. Shocked, two other patrons run to the window and watch in horror as the drunk plummets toward the pavement below. Then miraculously, the man is swept up an instant before hitting the sidewalk and seems to fly right back up and in through the open window.

Amazed, the patron asks if he can do that again. He complies. When he returns, they ask how he did that. "Simple" he slurs. "There's an air vent down there, and before you hit the pavement, the gush of air brings you back up. You should try it."

Skeptical, but daring, the two jump out the window, plummet to earth and are squashed instantly like two bugs.

The drunk staggers to the bar, giggling, and orders another scotch. As the bartender hands the drunk his drink, he says, "You know, Superman, you're a real jerk when you're drunk."

A farmer stayed home on Sunday to haul hay because rain was predicted. Just after noon, as he came down the road with a load, he met the minister who looked at him reproachfully.

"Listen," said the farmer, "I figure it's better to be sitting on this hay thinking about God, than to be sitting in church thinking about hay."

Who said Money Makes You Happy?

Two friends meet on the street. One looks downcast almost on the verge of tears. The other man asks him why he's looking so glum. "I'll tell you," the sad guy says, "Three weeks ago, an uncle died and left me \$40,000."

"That's not bad."

"Hold on. Then, two weeks ago, a cousin I barely knew kicked the bucket and had me in his will for \$85,000."

"I could live with that."

"Then, last week, my grandfather passed away and I inherited almost a quarter of a million."

"Then, why are you looking so glum?" his friend asked.

"This week, nothing!"

A man gave his wife a funeral plot for their anniversary. The following year he didn't buy her anything. When she asked if he'd forgotten the occasion he replied, "No, but you didn't use the gift I gave you last year."

Exit lines:

- ♦ *Always go to other people's funerals, otherwise, they won't come to yours.*
- ♦ *A bachelor is a selfish man who is cheating some deserving woman out of her alimony.*

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Life In The Past

Nelson Hicks' Journals
August 1928

Transcribed by Sarah Moran Collier

Wed. 1 - Rained some again. We have had very bad weather for harvesting Hay.

Tue. 2 - We went out and raked and put up the Hay over on Geo. Collier.

Fri. 3 - Mirt and I went over to Picton then out to Jake's. got some cherries. We had a big rain last night.

Sat. 4 - Mirt and I Francis and Lillian went over to Picton to the show rather a nice night

Sun. 5 - Wait Kitty Mirt and I went around to Dan Palmateers for the day.

Mon. 6 - Mirt Wrex and I went back to Lloyds to help him make cheese.

Tue. 7 - I took Kathleen over to Picton went with the truck fitted a new Qubek Plow home and started to Plow in the after noon

Wed. 8 - We had another big rain this morning soaking the land full of water making it very bad for harvesting here and Grain Kathleen J.P. Williams down fishing

Thu. 9 - Plowed in the fore noon after dinner drew in hay back from G. Collier Another gang here at night

Fri. 10 - Mirt and I went up to Archie after some blue Berries. got 30 qrts. got home at noon.

Sat. 11 - Mirt and I went up to Eddie Rorke and we all went on a trip down to Brockville.

Sun. 12 - Eddie Sarah Elize Mirt and I stayed a Brockville Saturday night and came home to day got home about Six oclock we all had a fine time

Mon. 13 - I cut my Barley. we are having very nice weather

Tue. 14 - I went around and help get the shed ready of the chicken pyes. Very warm.

Wed. 15 - Started to cut Oats. on the flats.

Thu. 16 - All went to the chicken pie at the Bay at night.

Fri. 17 - Finished drawing in the Barley After noon cut Oats. Very warm Kathleen has two weeks hollow days she went last Sundy Suracuse. Niagara and Toronto.

Sat. 18 - Mirt Lillian Floral and I went over to Picton. after dinner Bound Oats. still very warm.

Sun. 19 - Vistors Jake and Lib Floral went over to Picton to night she is going to take Kathleen place for next week.

Mon. 20 - Royden and I went out on to Ed. Harrington and got a load of Hay.

Tue. 21 - Drew oats in from the Flats. Garnet is here and he is a very busy Boy.

Wed. 22 - We had a fine shower of rain last night To day I bound Oats back all day.

Thu. 23 - Royden help Mervin Hudgins I finish up binding grain and drew in some after noon.

Fri. 24 - We drew Oats till noon rained all the after noon Mirt Lillian Lena Duetta went up to Perl. Ostrandars

Sarah's Research Notes

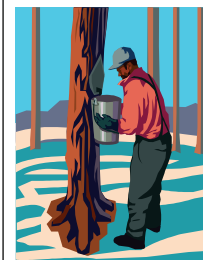
Insight, Information & Anecdotes About Nelson Hicks' Journal Entries

Binding helped dry grain. Mechanical binders, like this, changed little between the 1880s and 1940s, clattering their way around fields. It worked by mowing oats using a bull wheel to push the stalks into a mower. The cut stalks fell onto a conveyor belt which raised them



to the knotting machine. With enough stalks for a bundle, the machine tied the sheave and deposited it onto a platform that collected a number of bundles. When the farmer had collected enough bundles he dumped them off the platform to be stoked or set up into a hill of sheaves to dry.

Nelson also mentions buying a "Quebec plow". This was a sulky plow, drawn by horses, and eventually by a tractor. Nelson seems to be working with horses still. Here's a Quebec plow from a 1928 promotion.



Local Maple Syrup for Sale

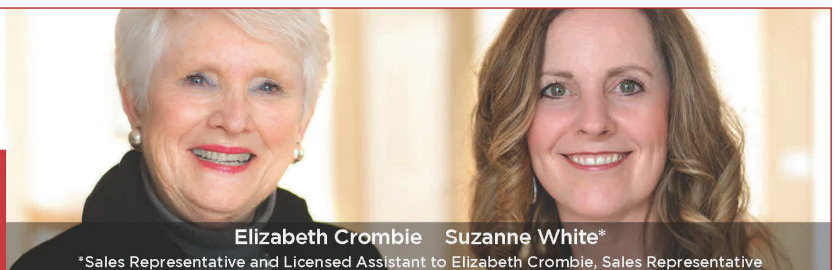
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